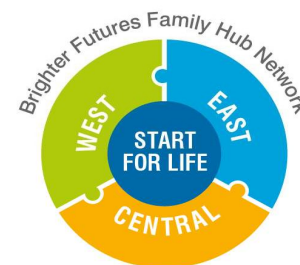


# Ockendon Family Hub

2a Afton Drive, South Ockendon, RM15 5PA  
 Email: ockendoncc@thurrock.gov.uk Phone: 01375 413 936



 [thurrock.gov.uk](http://thurrock.gov.uk)

## What's on in June 2026

### 0 to 12 months:

Days of the week	Start	End	Activity	How to join in
Mondays	10:30am	11:30am	Time for you and baby too <b>1, 8, 15, 22 and 29 June</b>	All welcome
	11am	Midday	Baby Rhyme Time <b>22 and 29 June</b>	Book in advance
Tuesdays	9:15am	10:15am	Baby Massage <b>2, 16, 23 and 30 June</b>	Book in advance
	1:30pm	2:30pm	SEND – Just for You <b>2, 9, 16 and 30 June</b>	All welcome
Wednesdays	Midday	2pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) <b>17 June</b> (every 3 <sup>rd</sup> Wed in the month)	All welcome
Thursdays	1:30pm	2:30pm	Stay and Play <b>4, 11, 18 and 25 June</b>	All welcome
Fridays	11am	Midday	Start for Life – Sensory Play <b>5, 12, 19 and 26 June</b>	Book in advance
	1:30pm	2:30pm	Just for Dads <b>12 June</b>	All dads welcome

## 12 to 24 months:

Mondays	10:30am	11:30am	Time for you and baby too <b>1, 8, 15, 22 and 29 June</b>	All welcome
Tuesdays	11am	Midday	Messy Play <b>2, 16 and 30 June</b>	All welcome
	1:30pm	2:30pm	SEND – Just for You <b>2, 9, 16 and 30 June</b>	All welcome
Wednesdays	Midday	2pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) <b>17 June</b> (every 3 <sup>rd</sup> Wed in the month)	All welcome
	10:45am	11:45am	Bookstart Toddler (12 – 36 months) <b>17 June</b>	Book in advance
Thursdays	9:15am	10:15am	Stay and Play <b>4, 11, 18 and 25 June</b>	All welcome
Fridays	1:30pm	2:30pm	Outdoor Play <b>5, 19 and 26 June</b>	All welcome
	1:30pm	2:30pm	Just for Dads <b>12 June</b>	All dads welcome

## Services and activities for parents and children aged 2-19 years 24 to 60 months:

Mondays	9am	10am	Let's Talk with your Toddler <b>1, 15, 22 and 29 June</b>	Book in advance
	1:30pm	2:30pm	Arts and Crafts <b>1, 15, 22 and 29 June</b>	All welcome
Tuesdays	11am	Midday	Messy Play <b>2, 16 and 30 June</b>	All welcome
	1:30pm	2:30pm	SEND – Just for You <b>2, 9, 16 and 30 June</b>	All welcome
Wednesday	9am	10am	Chatterbox <b>3, 17 and 24 June</b>	Referral only
	10:45am	11:45am	Bookstart Toddler (12-36 months) <b>17 June</b>	Book in advance
	10:45am	11:45am	Bookstart pre-school (36-60 months) <b>24 June</b>	Book in advance
	4pm	5:30pm	Young Carers (4-8 years) <b>3, 10, 17 and 24 June</b>	Referral only
Thursdays	11am	Midday	Stay and Play <b>4, 11, 18 and 25 June</b>	All welcome
Fridays	9:30am	10:30am	Fun with Small World <b>5, 12 and 19 June</b>	All welcome
	9:30am	10:30am	Fun with Science for 24-60 months Course Code: <b>FL5059Y25</b> <b>26 June</b>	Call 01375 372476, press option 1 and quote course code
	1:30pm	2:30pm	Just for Dads <b>12 June</b>	All dads welcome
	1:30pm	2:30pm	Outdoor Play <b>5, 19 and 26 June</b>	All welcome

## General Family Hub Support Services:

Mondays	9am	3pm	Children's Occupational Therapy Pre-school Clinic (every 3 <sup>rd</sup> Monday in each month) <b>15 June</b>	Book in advance by email: <a href="mailto:childrensotdropin@nelft.nhs.uk">childrensotdropin@nelft.nhs.uk</a>
	10am	Midday	Citizens Advice Bureau <b>1 June</b>	Drop In
	9am	4pm	Parent Outreach Advice Session <b>22 June</b>	Book in advance
	5pm	7:30pm	Mums Paediatric First Aid <b>1 June</b>	Book in advance
Tuesdays	9am	3pm	Brook Sexual Health Clinic	<b>Prebooked appointments only</b> from our website: <a href="http://www.brook.org.uk/thurrock">www.brook.org.uk/thurrock</a> or call 01375 800260
	10am	11am	Behaviour Workshop <b>30 June</b>	Referral only
	10:30am	Midday	Thurrock Virtual School: Information, advice and guidance on education matters and supporting children in education (Parents of 2 to 18 year olds) <b>30 June</b>	Drop In
Wednesdays	9am	5pm	Midwife appointments	Book in advance
	9am	Midday	Infant Feeding Advice and Support	Book in advance 0300 300 1999
	9:30am	4pm	1- and 2-year development checks	Book in advance 0300 300 1999
	1pm	3.30pm	Speech and Language Clinic (4 <sup>th</sup> Wednesday in every month) <b>24 June</b>	Appointments only by email: <a href="mailto:Drop-in@nelft.nhs.uk">Drop-in@nelft.nhs.uk</a>
Thursdays	9am	5pm	Midwife appointments	Book in advance
	9am	11:15am	Antenatal Blood Tests	Book in advance with your midwife
	9am	4pm	Parent Outreach Advice Session <b>25 June</b>	Book in advance
	1pm	5pm	Newborn Screening	Book with your midwife
Fridays	9am	4pm	Midwife appointments	Book in advance
	10am	3pm	Substance Misuse Drop in service 18+ years	Drop in with Lorraine 07485359896

## Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details  
[www.thurrock.gov.uk/family-hub-activities](http://www.thurrock.gov.uk/family-hub-activities)

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

[www.facebook.com/groups/thurrockchildrenscentres](https://www.facebook.com/groups/thurrockchildrenscentres)

Are you registered with the Family Hub? If not, you can do this online  
[www.thurrock.gov.uk/family-hubs](http://www.thurrock.gov.uk/family-hubs)