



(In the grounds of) Belmont Castle Academy, Parker Road, Grays, RM 17 5YN

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 thurrock.gov.uk

What's on in June 2026

Start for Life

0 to 12 months

Day	Start	End	Activity	How to join in
Mondays	11.00am	12.00pm	Start for Life – Baby Massage	Book in advance
Tuesdays	9.30am	10.30am	Start for Life – Baby Sensory 9th, 23rd and 30th June	
	9.30am	12.30pm	Infant Feeding Clinic	Book in advance 0300 300 1999
	12.00pm	2.00pm	Blooming Together – Infant feed and Support group. Join mums for a chat, reassurance, to share experiences and build connections. Babies welcome 30th June	Drop in
	2.00pm	3.00pm	Start for Life – Let's Talk with your Baby	Book in advance
Wednesdays	1.30pm	2.15pm	Stories and Rhymes 3rd and 17th June	All welcome
Thursdays	9.30am	10.30am	Start for Life – Baby Explore 11th and 25th June	All welcome
	11.00am	1.00pm	B3 Bumps, Birth and Belonging safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be. 11th June	All welcome
Fridays	10.00am	11.30am	Baby Weighing Clinic	All welcome
	11.00am	12.00pm	Start for Life -Baby Rhyme Time 12th and 26th June	All welcome
	12.30pm	2.30pm	Infant Feeding Clinic	Book in advance 0300 300 1999

12 to 24 months

Monday	9.30am	10.30am	Let's Talk with your Toddler	Book in advance
Tuesdays	9.30am	10.30am	Start for Life – Stay and Play	All welcome
	11.00am	12.00pm	Start for Life – Sensory Play	All welcome
	11.00am	12.00pm	Start for Life – Fun with ... 9th – Books	All welcome

			23rd - Puppets	
Wednesdays	2.30pm	3.15pm	Stories and Rhymes 3rd and 17th June	All welcome
	11.00am	1.00pm	B3 Bumps, Birth and Belonging safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be. 11th June	All welcome
Fridays	9.30am	10.30am	Fun with 12th – Pyjamara Book Session 26th - Animals	All welcome
	10.00am	11.30am	Baby Weighing Clinic	All welcome
	1.45pm	2.45pm	Messy Play 12th and 26th June	All welcome

Services and activities for parents and children aged 2-19 years.

24 to 60 months

Mondays	2.00pm	3.00pm	Stay and Play	All welcome
Tuesdays	11.00am	12.00pm	Sensory Play	All welcome
	2.00pm	3.00pm	Fun with ... 9th – Books 23rd – Puppets 30th - Numbers	All welcome
Wednesday	9.30am	10.30am	Fun with 3rd – Sand 10th – Sealife 17th – Water 24th - Mark Making	All welcome
	11.00am	12.00pm	Bring a Story to Life 3rd – Dear Zoo 10th – Little Red Hen 17th – We're Going on a Bear Hunt 24th – Going on a Safari	All welcome
	1.45pm	2.45pm	Stay and Play	All welcome
	2.30pm	3.15pm	Stories and Rhymes 3rd and 17th June	All welcome
Thursday	3.15pm	4.15pm	Stay and Play – After School 11th and 25th June	All welcome
Fridays	9.30am	10.30am	Fun with 12th – Pyjamrama Book Session 26th - Animals	All welcome
	10.00am	11.30am	Baby Weighing Clinic	All welcome
	1.45pm	2.45pm	Messy Play 12th and 26th June	All welcome

5 to 19 Years

General Family Hub Support Services.

Mondays	8.30am	12.00pm	Housing Advice for Council Tenants	01375 652 652 Option 4
	9.30am	11.00am	Reducing Parental Conflict 15th June	Drop In
Tuesday	10.00am	2.00pm	Parents 1 st Coffee Connection 16th June	Drop In
Wednesdays	9.00am	4.00pm	Forward Trust - Addiction Service	Drop in Lorraine. G 07977 792 236
	9.00am	11.00am	Send Forum 17th June	All Welcome
Thursdays	9.00am	3.00pm	Joint OT/Physio Baby Clinic 4th June	Referral only
	10.00am	12.30pm	Job club – Supported Families Employment Advisor	Book in advance 07776 345 301
	12.00pm	3.00pm	PASS Drop In 25th June	Drop In

Brighter Futures – Family Hub Offer

Please use this link to see the Children’s Centre offer and activity details –

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockchildrenscentres

Are your registered with the Family Hub? If not, you can do this online.

Visit: www.thurrock.gov.uk/family-hubs