



Chadwell Family Hub

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thurrock.gov.uk

What's on in July 2026

Best Start in Life - 0 to 12 months

Days of the week	Start	End	Activity	How to join in
Mondays	1:30pm	2:30pm	Best Start in Life – Story and rhyme time 13 July	All welcome
	1:30pm	2:30pm	Best Start in Life – Stay and Play – Natural theme 20 July	All welcome
	1:30pm	2:30pm	Best Start in Life – Stay and Play – Shimmer and Shine theme 27 July	All welcome
Tuesdays	1pm	3pm	Infant Feeding	Book in advance 0300 300 1999
Wednesdays	9:30am	11am	Best Start in Life – Stay and Play (0 to 2 years)	All welcome
	9:30am	11am	Baby Weighing Clinic	Drop in
Thursdays	10am	11am	Best Start in Life – Stay and Play 23 July	All welcome
	1:30pm	3pm	Dinosaur Roar (0-11 years) 30 July	Book in advance
Fridays	1:30pm	2:30pm	Best Start in Life – Stay and Play - Fun with Toys 3 July	All welcome
	1:30pm	2:30pm	Best Start in Life – Stay and Play – Sensory theme 10 July	All welcome
	1:30pm	2:30pm	Best Start in Life – Messy Play 17 July	Book in advance
	1:30pm	2:30pm	Best Start in Life – Stay and Play 24 and 31 July	All welcome

Best Start in Life - 12 to 24 months

Mondays	9:30am	10:15am	Story and rhyme time	All welcome
Tuesdays	9:15am	10:15am	Best Start in Life - Bring a Story to Life – Goldilocks and the Three Bears 7 July	All welcome
	1:30pm	2:30pm	Best Start in Life - Fun with Shapes and Numbers 14 July	All welcome
Wednesdays	9:30am	11am	Baby Weighing Clinic	Drop in
	11:15am	Midday	Story time and rhymes 1 and 15 July	All welcome
	1:30pm	3pm	Stay and Play (2 – 11 years) 22 July	Book in advance
Thursdays	1:30pm	2:30pm	Best Start in Life - Making Playdough 9 July	All welcome
	1:30pm	3pm	Dinosaur Roar (0-11 years) 30 July	Book in advance
Fridays	11am	Midday	Best Start in Life - Stay and Play	All welcome

Services and activities for parents and children aged 2-19 years

24 to 60 months

Mondays	9am	4:30pm	Speech and Language Therapy	Referral only
	9:30am	10:15am	Story and rhyme time	All welcome
	10:45am	11:45am	Garden Group (weather permitting)	All welcome
Tuesdays	10am	11am	Fun with Shapes and Numbers 14 July	All welcome
	10am	11am	Playdough and Slime Making 21 July	Book in advance
	11:15am	12:15pm	Bring a Story to Life – Goldilocks and the Three Bears 7 July	All welcome
Wednesdays	11:15am	Midday	Story time and rhymes 1 and 15 July	All welcome
	1:30pm	2:30pm	Let's Talk Potty Training 8 July	Book in advance
	1:30pm	2:30pm	Stay and Play – Under the Sea 15 July	All welcome
	1:30pm	2:30pm	Sand and Water Play 8 July	Book in advance

Thursdays	9am	2pm	Developmental Checks	Book in advance
	9:15am	10:15am	Chatterbox	Referral only
	1:30pm	2:30pm	Painting and Printing 16 July	All welcome
	1:30pm	3pm	Dinosaur Roar (0 -11 years) 30 July	Book in advance
Fridays	9:30am	10:30am	Stay and Play	All welcome
	1:30pm	2:30pm	SEND – Just for You At Tilbury Family Hub Aladdin's Cave - Toy library and resource hire - will be attending on 17 July	All welcome Please call Tilbury Family Hub on 01375 858243 for more information

5 to 19 years

Tuesdays	1pm	2pm	Biscuit Decorating Delivered by Thurrock Adult Community College (4 to 11 years) 21 July	Book in advance
Wednesdays	1:30pm	3pm	Stay and Play (2 – 11 years) 22 July	Book in advance
	3:15pm	4:15pm	After School Stay and Play (4 to 8 years) 1, 8 and 15 July	All welcome
Thursdays	1:30pm	3pm	Dinosaur Roar (0 -11 years) 30 July	Book in advance

General Family Hub Support Services

Mondays	10am	Midday	Local Area Coordinator Helen Catterick 20 July	Drop in For more information, please contact Helen on 07710950318 hcatterick@thurrock.gov.uk
	3pm	4pm	Essentials Bank at Tilbury Family Hub	Drop in Please call Tilbury Family Hub on 01375 858243 for more information
Tuesdays	9am	5pm	Midwife	Book in advance
	9:30am	12:30pm	Parental Outreach Advice Session 7 and 14 July	Book in advance
Wednesdays	9am	2:30pm	Midwife	Book in advance
	12:30pm	2:30pm	Ready Steady School Information and Advice	Drop in

			(36 to 60 months) 15 July	
	2:30pm	3:45pm	ONE COMMUNITY Steps to Success Job Club Opportunity	Drop in
Thursdays	9:30am	2:30pm	Changing Pathways	Drop in
	3pm	4pm	Essentials Bank at Tilbury Family Hub	Please call Tilbury Family Hub on 01375 858243 for more information
Saturdays	9:30am	11:30am	Dads or Partners Baby Morning Run by Parents 1st (0 to 4 years) 11 July	To book a space please go to www.parents1st.org.uk

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

www.facebook.com/groups/thurrockchildrenscentres

Are you registered with the Family Hub? If not, you can do this online

www.thurrock.gov.uk/family-hubs