

Preparing for your assessment



“Easy Read” does not mean that everyone will find this booklet easy to understand.

Many people will still need help and support to understand what they need to do.



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1. Introduction



This leaflet will help you to prepare for your conversation with a social care worker for your assessment.



There is another leaflet called "What is an assessment?" that will tell you what an assessment is.

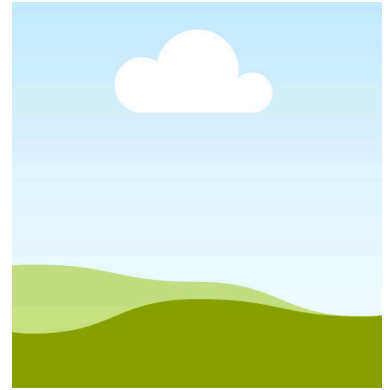


In this leaflet, we have questions that help you prepare for what a social care worker will ask you.



You can then tell these to the social care worker when they have a conversation with you.

2. Who will be visiting you?



My name:

My job title:

My contact details:

Something about me:

3. Please tell us before we visit:



Who you would like to attend your assessment. This could be a family member, friend, carer, advocate, or anyone else important to you.



If you have a communication passport, or if you use a style of communication. This could be using photos, drawings, or using a computer.



If you like to have a conversation at a certain time of day. You may like mornings, afternoons, or you may not mind what time.

4. What to think about before your assessment



The next pages are questions that your social care worker will ask you as part of the conversation for your assessment.



You can fill in these pages if you would like to write down your thoughts, feelings and wishes before your review.



You can use these pages as part of the conversation with the social care worker, or you can give them to the social care worker to keep.

5. Who is important to you?

What is important to you?

6. What is going well?

What do you enjoy doing?

7. What is not going well?

What is getting in your way of doing what you want to do?

8. Who helps you?

What do they help you with?

9. How is your health?

Do you take any medication?

Please circle:



Yes



No

Any comments?

10. What goals do you want to achieve?

How will you do this?

11. Is there anything else important that you want to talk about?

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