



# Aveley Family Hub

Aveley Primary School, Stifford Road, Aveley. RM15 4AA  
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thurrock.gov.uk

## What's on in July 2026

### Best Start in Life – 0 to 12 months:

Days of the week	Start	End	Activity	How to join in
Mondays	1pm	2:30pm	Baby Weighing Clinic <b>6, 13, 20 and 27 July</b>	All welcome
	1:30pm	2:30pm	Best Start In Life - Stay and Play <b>6, 13, 20 and 27 July</b>	All welcome
Tuesdays	11am	Midday	Best Start In Life - Sensory Play <b>7, 14, 21 and 28 July</b>	All welcome
Wednesdays	12:30pm	2:30pm	Blooming Babies Infant Feeding Support Group. Join other mothers for a chat, reassurance, to share experiences and build connections in a friendly and relaxed environment. Babies are welcome. (Last Wednesday in every month) <b>29 July</b>	All welcome
Thursdays	11am	Midday	Best Start In Life - Soft Play <b>9 and 16 July</b>	All welcome
	1pm	2:30pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) <b>16 July</b>	All welcome
Fridays	11am	Midday	Best Start In Life - Stay and Play <b>10, 17, 24 and 31 July</b>	All welcome
	1:30pm	2:15pm	Story time and Rhymes <b>10, 17 and 24 July</b>	All welcome

## Best Start in Life – 12 to 24 months:

Mondays	11am	Midday	Best Start In Life - Messy Play <b>6, 13, 20 and 27 July</b>	All welcome
	1pm	2.30pm	Baby Weighing Clinic <b>6, 13, 20 and 27 July</b>	All welcome
Tuesdays	1:30pm	2:30pm	Best Start In Life - Summer Crafts <b>7, 14, 21 and 28 July</b>	All welcome
Wednesdays	11am	Midday	Best Start In Life – Let's talk with your toddler <b>8, 15, 22 and 29 July</b>	Book in advance
	1:30pm	2:30pm	Best Start In Life – Printing and Painting <b>8, 15, 22 and 29 July</b>	All welcome
Thursdays	9:30am	10:30am	Best Start In Life - Soft Play <b>9 and 16 July</b>	All welcome
	1pm	2:30pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) <b>16 July</b>	All welcome
Fridays	1:30pm	2:30pm	Best Start In Life - Stay and Play <b>10, 17, 24 and 31 July</b>	All welcome
	2:30pm	3:15pm	Story time and Rhymes <b>10, 17 and 24 July</b>	All welcome

## Services and activities for parents and children aged 2-19 years

### 24 to 60 months:

Mondays	9:30am	10:30am	Messy Play <b>6, 13, 20 and 27 July</b>	All welcome
	1pm	2.30pm	Baby Weighing Clinic <b>6, 13, 20 and 27 July</b>	All welcome
Tuesdays	9:30am	10:30am	Sensory Play <b>7, 14, 21 and 28 July</b>	All welcome
	1:30pm	2:30pm	Summer Crafts <b>7, 14, 21 and 28 July</b>	All welcome
Wednesdays	9am	10am	Chatterbox <b>1, 8, 15, 22 and 29 July</b>	Referral Only
	9:30am	11:30am	School Drop-In session For children starting reception classes in September <b>8 July</b>	All welcome
	10am	11am	Ready, Steady, School For children starting reception classes in September <b>22 July</b>	All welcome

Thursdays	1:30pm	2:30pm	Bring a story to life <b>9 and 16 July</b>	All welcome
Fridays	9:30am	10:30am	Stay and Play <b>10, 17, 24 and 31 July</b>	All welcome
	2:30pm	3:15pm	Story time and Rhymes <b>10, 17 and 24 July</b>	All welcome

### 5 to 19 years:

Mondays	9am	4.30pm	Child and Mental Health Services (CAMHS)	Referral through service only
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## General Family Hub Support Services:

Mondays	9am	5pm	Midwife Appointments	Book with your midwife
	10am	11am	Behaviour Workshop <b>20 July</b>	Referral only
	1pm	2.30pm	Baby Weighing Clinic <b>6, 13, 20 and 27 July</b>	All welcome
Tuesdays	10am	11am	Language Focused Play Workshop <b>7 July</b>	Referral only
	9am	3pm	1- and 2-year Developmental Checks	Book in advance 0300 300 1999
Wednesdays	9am	5pm	Midwife Appointments	Book with your midwife
Thursday	10am	11am	Let's talk Potty Training <b>23 July</b>	Referral only
	5pm	7:30pm	NELFT Baby Shower <b>23 July</b>	All welcome
Fridays	9:30am	12:30pm	1- and 2-year Developmental Checks	Book in advance 0300 300 1999
	12:30pm	2:30pm	1- and 2-year Developmental Checks	Book in advance 0300 300 1999
	10am	11am	Fussy Eating Workshop <b>10 July</b>	Referral Only

## Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details –

[www.thurrock.gov.uk/childrens-centre-activities](http://www.thurrock.gov.uk/childrens-centre-activities)

Please see the Thurrock website for details of each Family Hubs and what is on offer each month and Face Book for information:

[www.facebook.com/groups/thurrockchildrenscentres](http://www.facebook.com/groups/thurrockchildrenscentres)    [www.facebook.com/thurrockcouncil](http://www.facebook.com/thurrockcouncil)

**Are you registered with the Family Hub? If not, you can do this online.**

**Visit: [www.thurrock.gov.uk/family-hubs](http://www.thurrock.gov.uk/family-hubs)**