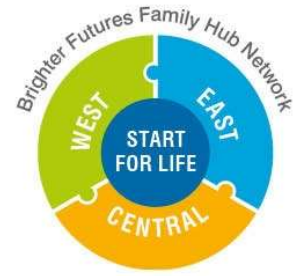




# Purfleet-on-Thames Family Hub

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 [thurrock.gov.uk](http://thurrock.gov.uk)

## What's on in July 2026

### Best Start in Life - 0 to 12 months:

Days of the week	Start	End	Activity	How to join in
Mondays	1:30pm	2:30pm	Best Start In Life - Soft Play <b>6, 13, 20 and 27 July</b>	All welcome
	11am	Midday	Best Start In Life - ESOL <b>6, 13, 20 and 27 July</b>	Book in advance
Tuesdays	1pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months <b>7, 14, 21 and 28 July</b>	All welcome
	1pm	2:30pm	Best Start In Life - Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) <b>7, 14, 21 and 28 July</b>	All welcome
Wednesdays	11am	Midday	Best Start In Life – Baby Massage <b>8, 15, 22 and 29 July</b>	Book in advance
Thursdays	11am	1pm	B3 -Birth, Bumps and belonging. A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) <b>2 July</b>	All welcome
	Midday	3pm	Unity in Diversity – Celebrating the richness of Muslim Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child. <b>30 July</b>	Book in advance
Fridays	2pm	3pm	Best Start In Life - Baby Rhyme Time <b>10 and 17 July</b>	All welcome
	1:15pm	2:45pm	Special Event – Zoo Lab <b>31 July</b>	Book in advance

## Best Start in Life - 12 to 24 months:

Days of the week	Start	End	Activity	How to join in
Mondays	9:30am	10:30am	Best Start In Life - Stay and Play <b>6, 13, 20 and 27 July</b>	All welcome
	11am	Midday	Best Start In Life - ESOL <b>6, 13, 20 and 27 July</b>	Book in advance
Tuesdays	9:30am	10:30am	Best Start In Life - Messy Play <b>7, 14, 21 and 28 July</b>	All welcome
	11am	Midday	Best Start In Life - Messy Play <b>7, 14, 21 and 28 July</b>	All welcome
	1pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months <b>7, 14, 21 and 28 July</b>	All welcome
	1pm	2:30pm	Best Start In Life - Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) <b>7, 14, 21 and 28 July</b>	All welcome
Wednesdays	8:45am	11:30am	Speech and Language drop in Clinic (1 <sup>st</sup> Wednesday every month) <b>1 July</b>	Appointment only by email: <a href="mailto:Drop-in@nelft.nhs.uk">Drop- in@nelft.nhs.uk</a>
	9:30am	10:30am	Best Start In Life - Soft Play <b>8, 15, 22 and 29 July</b>	All welcome
	1:30pm	2:30pm	Best Start In Life - Stay and Play <b>22 and 29 July</b>	All welcome
Thursdays	9:30am	10:30am	Best Start In Life - Stay and Play <b>9, 16 and 23 July</b>	All welcome
	11am	1pm	B3 -Birth, Bumps and belonging. A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) <b>2 July</b>	All welcome
	Midday	3pm	Unity in Diversity – Celebrating the richness of Muslim Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child. <b>30 July</b>	Book in advance
	1:30pm	2:30pm	Best Start In Life - Sand and Water Play <b>9, 16 and 23 July</b>	All welcome
Fridays	9:30am	10:30am	Best Start In Life - Arts and Crafts <b>10 and 17 July</b>	All welcome
	1:15pm	2:45pm	Special Event – Zoo Lab <b>31 July</b>	Book in advance

## Services and activities for parents and children aged 2-19 years

### 24 - 60 Months:

Mondays	9:30am	10:30am	Stay and Play <b>6, 13, 20 and 27 Jul</b>	All welcome
	11am	Midday	ESOL <b>6, 13, 20 and 27 July</b>	Book in advance
Tuesdays	11am	Midday	Messy Play <b>7, 14, 21 and 28 July</b>	All welcome
	1:30pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months <b>7, 14, 21 and 28 July</b>	All welcome
	1:30pm	2:30pm	Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) <b>7, 14, 21 and 28 July</b>	All welcome
Wednesdays	8:45am	11:30am	Speech and Language drop in Clinic (1 <sup>st</sup> Wednesday every month) <b>1 July</b>	Appointment only by email: <a href="mailto:Drop-in@nelft.nhs.uk">Drop- in@nelft.nhs.uk</a>
	9:30am	10:30am	Soft Play <b>8, 15, 22 and 29 July</b>	All welcome
	1:30pm	2:30pm	Stay and Play <b>22 and 29 July</b>	All welcome
Thursday	9:30am	10:30am	Stay and Play <b>9, 16 and 23 July</b>	All welcome
	11am	Midday	Bring a story to life <b>9, 16 and 23 July</b>	All welcome
	Midday	3pm	Unity in Diversity – Celebrating the richness of Muslim Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child. <b>30 July</b>	Book in advance
	1:30pm	2:30pm	Sand and Water Play <b>9, 16 and 23 July</b>	All welcome
Fridays	9:30am	10:30am	Arts and Crafts <b>10 and 17 July</b>	All welcome
	11am	Midday	Chatterbox <b>10 and 17 July</b>	Referral Only
	1:15pm	2:45pm	Special Event – Zoo Lab <b>31 July</b>	Book in advance

# General Family Hub Support Services:

Mondays	9am	1pm	1–2 Year Development Checks	Book in Advance 0300 300 1999
Tuesdays	9:30am	11:30am	1–2 Year development Checks	Book in Advance 0300 300 1999
Wednesdays	8:45am	Midday	Speech and Language drop in Clinic (1 <sup>st</sup> Wednesday every month) <b>1 July</b>	Appointment only by email: <a href="mailto:Drop-in@nelft.nhs.uk">Drop- in@nelft.nhs.uk</a>
Thursdays	Midday	4pm	Forward Trust - Substance Misuse	Book in advance by calling Lorraine Gray 07485359896
Fridays	9am	4pm	Parent Outreach Advice Session <b>31 July</b>	Book in Advance 01375 652104

## Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details.

[www.thurrock.gov.uk/family-hub-activities](http://www.thurrock.gov.uk/family-hub-activities)

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

[www.facebook.com/groups/thurrockchildrenscentres](https://www.facebook.com/groups/thurrockchildrenscentres)

Are you registered with the Family Hub? If not, you can do this online.

[www.thurrock.gov.uk/family-hubs](http://www.thurrock.gov.uk/family-hubs)