



Ockendon Family Hub

2a Afton Drive, South Ockendon, RM15 5PA

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thurrock.gov.uk

What's on in August 2026

Best Start in Life - 0 to 12 months:

Days of the week	Start	End	Activity	How to join in
Mondays	10:30am	11:30am	Time for you and baby too 3, 10, 17 and 24 August	All welcome
	11am	Midday	Best Start In Life – Baby Rhyme Time 3, 10 and 24 August	Book in advance
	12:30pm	2:30pm	Big Love (Stay and Play) Supporting Young Parents (14 to 21 years)	All welcome. For more information call 07427578058
Wednesdays	9:15am	10:15am	Baby Massage 5, 12, 19 and 26 August	Book in advance
	Midday	2pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 19 August (every 3 rd Wed in the month)	All welcome
Thursdays	1:30pm	2:30pm	Best Start In Life – Stay and Play 13, 20 and 27 August	All welcome
Fridays	10am	11:30am	Special Event – Teddy Bears Picnic 7 August	Book in advance
	11am	Midday	Best Start In Life – Sensory Play 14, 21 and 28 August	Book in advance
	1:30pm	2:30pm	Best Start in Life - Just for Dads 14 August	All dads welcome

Best Start in Life – 12 to 24 months:

Mondays	10:30am	11:30am	Time for you and baby too 3, 10, 17 and 24 August	All welcome
	9am	10am	Let's talk with your Toddler 3, 10, 17 and 24 August	Book in advance
Tuesdays	9:15am	10:15am	Best Start In Life – Printing and Painting 4 and 18 August	All welcome
	11am	Midday	Best Start In Life – Messy Play 4 and 18 August	All welcome
	1:30pm	2:30pm	Outside Play 4 and 18 August	All welcome
Wednesdays	10:45am	11:45am	Pebble Painting 5 and 12 August	All welcome
	Midday	2pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 19 August (every 3 rd Wed in the month)	All welcome
Thursdays	9:15am	10:15am	Best Start In Life – Stay and Play 13, 20 and 27 August	All welcome
	10am	11:30am	Special Event – Mini Olympics 6 August	Book in advance
	1pm	2:30pm	Special Event – Mini Olympics 6 August	Book in advance
Fridays	10am	11:30am	Special Event – Teddy Bears Picnic 7 August	Book in advance
	1:30pm	2:30pm	Best Start in Life - Just for Dads 14 August	All dads welcome
	1:30pm	2:30pm	Best Start in Life - Garden Group 7, 21 and 28 August	All welcome

Services and activities for parents and children aged 2-19 years 24 to 60 months:

Mondays	1:30pm	2:30pm	Summer Crafts 3, 10, 17 and 24 August	Book in advance
Tuesdays	11am	Midday	Messy Play 4 and 18 August	All welcome
	1:30pm	2:30pm	Outside Play 4 and 18 August	All welcome
Wednesday	10:45am	11:45am	Ready, Steady, School (For children starting reception classes in September) 19 and 26 August	All welcome
	1:30pm	2:30pm	Garden Group 5 and 12 August	All welcome
Thursdays	10am	11:30am	Special Event – Mini Olympics 6 August	Book in advance
	11am	Midday	Stay and Play 13, 20 and 27 August	All welcome
	1pm	2:30pm	Special Event – Mini Olympics 6 August	Book in advance
Fridays	9:30am	10:30am	Fun with Small World 14, 21 and 28 August	All welcome
	10am	11:30am	Special Event – Teddy Bears Picnic 7 August	Book in advance
	1:30pm	2:30pm	Just for Dads 14 August	All dads welcome
	1:30pm	2:30pm	Garden Group 7, 21 and 28 August	All welcome

General Family Hub Support Services:

Mondays	9am	4pm	Parent Outreach Advice Session 17 August	Book in advance
	10am	Midday	Citizens Advice Bureau 3 August	Drop In
Tuesdays	9am	3pm	Brook Sexual Health Clinic	Prebooked appointments only from our website: www.brook.org.uk/thurrock or call 01375 800260
	10am	11am	Behaviour Workshop 18 August	Referral only
	10:30am	Midday	Thurrock Virtual School: Information, advice and guidance on education matters and supporting children in education (Parents of 2 to 18 year olds) 25 August	Drop In
Wednesdays	9am	5pm	Midwife appointments	Book in advance
	9am	Midday	Infant Feeding Advice and Support	Book in advance 0300 300 1999

	9:30am	4pm	1- and 2-year development checks	Book in advance 0300 300 1999
	1pm	3.30pm	Speech and Language Clinic (4 th Wednesday in every month) 26 August	Appointments only by email: Drop-in@nelft.nhs.uk
	1pm	3pm	DWP Family Community Work Coach	Appointments only
Thursdays	9am	5pm	Midwife appointments	Book in advance
	9am	11:15am	Antenatal Blood Tests	Book in advance with your midwife
	9am	4pm	Parent Outreach Advice Session 20 August	Book in advance
	1pm	5pm	Newborn Screening	Book with your midwife
Fridays	9am	4pm	Midwife appointments	Book in advance
	10am	3pm	Substance Misuse Drop in service 18+ years	Drop in with Lorraine 07485359896

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details
www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:
www.facebook.com/groups/thurrockchildrenscentres

Are you registered with the Family Hub? If not, you can do this online
www.thurrock.gov.uk/family-hubs