



Purfleet-on-Thames Family Hub

Centurion Way, Purfleet-on-Thames, RM19 1QA
Email: purfleethf@thurrock.gov.uk **Phone:** 01375 652 104



 thurrock.gov.uk

What's on in August 2026

Best Start in Life - 0 to 12 months:

Days of the week	Start	End	Activity	How to join in
Tuesdays	1pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months 4, 11, 18 and 25 August	All welcome
	1pm	2:30pm	Best Start In Life - Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) 4, 11, 18 and 25 August	All welcome
Wednesdays	11am	Midday	Best Start in Life – Baby Sensory 19 and 26 August	Book in advance
Thursdays	11am	1pm	B3 -Birth, Bumps and belonging. A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 6 August	All welcome
Fridays	2pm	3pm	Best Start In Life - Baby Rhyme Time 21 and 28 August	All welcome
	10am	11:30am	Special Event – Pirates and Princesses 21 August	Book in advance

Best Start in Life - 12 to 24 months:

Days of the week	Start	End	Activity	How to join in
Mondays	9:30am	10:30am	Best Start In Life - Stay and Play 10 and 24 August	All welcome
	11am	Midday	Best Start In Life - Stay and Play 10 and 24 August	All welcome
Tuesdays	9:30am	10:30am	Best Start In Life - Messy Play 11, 18 and 25 August	All welcome
	11am	Midday	Best Start In Life - Messy Play 11, 18 and 25 August	All welcome
	1pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months 4, 11, 18 and 25 August	All welcome
	1pm	2:30pm	Best Start In Life - Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) 4, 11, 18 and 25 August	All welcome
Wednesdays	8:45am	11:30am	Speech and Language drop in Clinic (1 st Wednesday every month) 5 August	Appointment only by email: Drop-in@nelft.nhs.uk
	9:30am	10:30am	Best Start In Life - Soft Play 19 and 26 August	All welcome
	1:30pm	2:30pm	Best Start In Life - Stay and Play 5, 19 and 26 August	All welcome
Thursdays	9:30am	10:30am	Best Start In Life - Stay and Play 13, 20 and 27 August	All welcome
	11am	1pm	B3 -Birth, Bumps and belonging. A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 6 August	All welcome
	1:30pm	2:30pm	Best Start In Life - Sand and Water Play 13, 20 and 27 August	All welcome
Fridays	9:30am	10:30am	Best Start In Life - Arts and Crafts 14 and 28 August	All welcome
	11am	Midday	Making a Bird Feeder 28 August	All welcome
	10am	11:30am	Special Event – Pirates and Princesses 21 August	Book in advance

Services and activities for parents and children aged 2-19 years

24 - 60 Months:

Mondays	9:30am	10:30am	Stay and Play 10 and 24 August	All welcome
	11am	Midday	Best Start In Life - Stay and Play 10 and 24 August	All welcome
Tuesdays	11am	Midday	Messy Play 11, 18 and 25 August	All welcome
	1:30pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months 4, 11, 18 and 25 August	All welcome
	1:30pm	2:30pm	Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) 4, 11, 18 and 25 August	All welcome
Wednesdays	8:45am	11:30am	Speech and Language drop in Clinic (1 st Wednesday every month) 5 August	Appointment only by email: Drop-in@nelft.nhs.uk
	9:30am	10:30am	Soft Play 19 and 26 August	All welcome
	1:30pm	2:30pm	Stay and Play 5, 19 and 26 August	All welcome
Thursday	9:30am	10:30am	Stay and Play 13, 20 and 27 August	All welcome
	11am	Midday	Printing and Painting 13, 20 and 27 August	All welcome
	1:30pm	2:30pm	Sand and Water Play 13, 20 and 27 August	All welcome
Fridays	9:30am	10:30am	Arts and Crafts 14 and 28 August	All welcome
	11am	Midday	Making a Bird Feeder 28 August	All welcome
	10am	11:30am	Special Event – Pirates and Princesses 21 August	Book in advance

General Family Hub Support Services:

Mondays	9am	1pm	1–2 Year Development Checks	Book in Advance 0300 300 1999
Tuesdays	9:30am	11:30am	1–2 Year development Checks	Book in Advance 0300 300 1999
Wednesdays	8:45am	Midday	Speech and Language drop in Clinic (1 st Wednesday every month) 5 August	Appointment only by email: Drop-in@nelft.nhs.uk
Thursdays	Midday	4pm	Forward Trust - Substance Misuse	Book in advance by calling Lorraine Gray 07485359896
	9am	4pm	Parent Outreach Advice Session 13 August	Book in Advance 01375 652104
Fridays	10am	11am	Potty Training Workshop 14 August	Referral only

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details.

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and

Facebook for information:

www.facebook.com/groups/thurrockchildrenscentres

Are you registered with the Family Hub? If not, you can do this online.

www.thurrock.gov.uk/family-hubs