



Chadwell Family Hub

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thurrock.gov.uk

What's on in August 2026

Best Start in Life - 0 to 12 months

Days of the week	Start	End	Activity	How to join in
Mondays	1:30pm	2:30pm	Best Start in Life – Stay and Play – Colour theme 3 August	All welcome
	1:30pm	2:30pm	Best Start in Life – Stay and Play – Black and white theme 17 August	All welcome
	1:30pm	2:30pm	Best Start in Life – Stay and Play – Music and Movement 24 August	All welcome
Tuesdays	1pm	3pm	Infant Feeding	Book in advance 0300 300 1999
Wednesdays	9:30am	11am	Best Start in Life – Stay and Play (0 to 2 years)	All welcome
	9:30am	11am	Baby Weighing Clinic	Drop in
Thursdays	10am	11am	Summer Fun (0 to 60 months) Delivered by Thurrock Adult Community College 27 August	Book in advance
	1:30pm	3pm	Zoo Lab (0 to 11 years) 20 August	Book in advance

Best Start in Life - 12 to 24 months

Mondays	9:30am	10:15am	Story and rhyme time	All welcome
	10:45am	11:45am	Best Start in Life – Sand and Water play in the garden 10 August	All welcome
Wednesdays	9:30am	11am	Baby Weighing Clinic	Drop in

	11:15am	Midday	Story time and rhymes 12 and 19 August	All welcome
Thursdays	10am	11am	Summer Fun (0 to 60 months) Delivered by Thurrock Adult Community College 27 August	Book in advance
	1:30pm	3pm	Zoo Lab (0 to 11 years) 20 August	Book in advance
Fridays	11am	Midday	Best Start in Life - Stay and Play 14 August	All welcome

Services and activities for parents and children aged 2-19 years

24 to 60 months

Mondays	9am	4:30pm	Speech and Language Therapy	Referral only
	9:30am	10:15am	Story and rhyme time	All welcome
	10:45am	11:45am	Fun with Role Play 24 August	All welcome
	10:45am	11:45am	Outdoor Play 3 August	All welcome
Tuesdays	10am	11am	Movement with Music Delivered by Thurrock Adult Community College 6 August	Book in advance
Wednesdays	11:15am	Midday	Story time and rhymes 12 and 19 August	All welcome
Thursdays	9am	2pm	Developmental Checks	Book in advance
	9:15am	10:15am	Chatterbox	Referral Only
	9:30am	10:30am	Ready Steady School (48 to 60 months) 18 and 25 August	All welcome
	10am	11am	Summer Fun (0 to 60 months) Delivered by Thurrock Adult Community College 27 August	Book in advance
	1:30pm	3pm	Zoo Lab (0 to 11 years) 20 August	Book in advance
Fridays	9:30am	10:30am	Stay and Play 14 August	All welcome

5 to 19 years

Thursdays	1:30pm	3pm	Zoo Lab (0 to 11 years) 20 August	Book in advance
Fridays	1:30pm	3pm	Just for You – SEND (5 to 11 years) 7 August	Book in advance

General Family Hub Support Services

Mondays	10am	Midday	Local Area Coordinator Helen Catterick 17 August	Drop in For more information, please contact Helen on 07710950318 hcatterick@thurrock.gov.uk
	3pm	4pm	Essentials Bank at Tilbury Family Hub	Drop in Please call Tilbury Family Hub on 01375 858243 for more information
Tuesdays	9am	5pm	Midwife	Book in advance
	10am	4pm	Parental Outreach Advice Session 4 August	Book in advance
Wednesdays	9am	2:30pm	Midwife	Book in advance
	12pm	4pm	Big Lunch at the Pyramid Centre, Heath Road, Chadwell St Mary, RM16 4XH 5 August	All welcome
	2:30pm	3:45pm	ONE COMMUNITY Steps to Success Job Club Opportunity	Drop in
Thursdays	9:30am	2:30pm	Changing Pathways	Drop in
	3pm	4pm	Essentials Bank at Tilbury Family Hub	Please call Tilbury Family Hub on 01375 858243 for more information
Saturdays	9:30am	11:30am	Dads or Partners Baby Morning Run by Parents 1st (0 to 4 years) 8 August	To book a space please go to www.parents1st.org.uk

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

www.facebook.com/groups/thurrockchildrenscentres

Are you registered with the Family Hub? If not, you can do this online

www.thurrock.gov.uk/family-hubs