



Stifford Family Hub

(In the grounds of) Belmont Castle Academy, Parker Road, Grays, RM 17 5YN

Email: Stiffordfh@thurrock.gov.uk Phone: 01375 652 653



thurrock.gov.uk

What's on in August 2026

Best Start in Life - 0 to 12 months

Day	Start	End	Activity	How to join in
Mondays	11.00am	12.00pm	Best Start in Life – Baby Massage	Book in advance
Tuesdays	9.30am	12.30pm	Infant Feeding Clinic	Book in advance 0300 300 1999
	12.00pm	2.00pm	Blooming Together – Infant feed and Support group. Join mums for a chat, reassurance, to share experiences and build connections. Babies welcome 25th August	Drop in
	2.00pm	3.00pm	Best Start in Life – Let's Talk with your Baby	Book in advance
Wednesdays	1.30pm	2.15pm	Stories and Rhymes 12th and 26th August	All welcome
Thursdays	9.30am	10.30am	Best Start in Life – Baby Explore	All welcome
	11.00am	1.00pm	B3 Bumps, Birth and Belonging safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be. 13th August	All welcome
Fridays	10.00am	11.30am	Baby Weighing Clinic	All welcome
	11.00am	12.00pm	Best Start in Life -Baby Rhyme Time 7th, 21st and 28th August	All welcome
	12.30pm	2.30pm	Infant Feeding Clinic	Book in advance 0300 300 1999

Best Start in Life - 12 to 24 months

Monday	9.30am	10.30am	Best Start in Life -Let's Talk with your Toddler	Book in advance
Tuesdays	9.30am	10.30am	Best Start in Life – Stay and Play	All welcome

	11.00am	12.00pm	Best Start in Life– Sensory Play	All welcome
Wednesdays	2.30pm	3.15pm	Stories and Rhymes 12th and 26th August	All welcome
Thursday	11.00am	1.00pm	B3 Bumps, Birth and Belonging safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be. 13th August	All welcome
Fridays	9.30am	10.30am	Fun with 7th – Water 21st – Animals 28th – Instruments	All welcome
	10.00am	11.30am	Baby Weighing Clinic	All welcome
	1.45pm	2.45pm	Best Start in Life - Messy Play 7th, 21st and 28th August	All welcome

Services and activities for parents and children aged 2–19 years.

24 to 60 months

Mondays	2.00pm	3.00pm	Stay and Play 17th and 24th August	All welcome
Tuesdays	11.00am	12.00pm	Sensory Play	All welcome
	1.00pm	2.00pm	Ready Steady School For children starting reception classes in September 18th and 25th August	All welcome
Wednesday	9.30am	10.30am	Fun with 5th – People Who Help Us 12th – Sand 26th – Water	All welcome
	11.00am	12.00pm	Bring a Story to Life 5th – Tiger who came to Tea 12th – We're going on a Bear Hunt 26th – The Very Hungry Caterpillar	All welcome
	1.45pm	2.45pm	Stay and Play 5th, 12th and 26th August	All welcome
	2.30pm	3.15pm	Stories and Rhymes 12th and 26th August	All welcome
Thursdays	3.15pm	4.15pm	Stay and Play – After School 13th and 20th August	All welcome
Fridays	9.30am	10.30am	Fun with 7th – Water 21st – Animals 28th – Instruments	All welcome
	10.00am	11.30am	Baby Weighing Clinic	All welcome
	1.45pm	2.45pm	Messy Play 7th, 21st and 28th August	All welcome

5 to 19 Years

Wednesday	4.00pm	5.00pm	Help Me to Stay Safe	Referral only
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General Family Hub Support Services.

Mondays	8.30am	12.00pm	Housing Advice for Council Tenants	01375 652 652 Option 4
	10.00am	11.30am	Disney Fun 0 to 11 years 3rd August	Book in advance
	1.30pm	3.00pm	Disney Fun 0 to 11 years 3rd August	Book in advance
Wednesdays	9.00am	4.00pm	Forward Trust - Addiction Service	Drop in Lorraine. G 07977 792 236
	1.30pm	3.00pm	Pirate Fun 0 to 11 years 19th August	Book in advance
Thursdays	10.00am	12.30pm	Job Club – Supported Families Employment Advisor	Book in advance 07776 245 301
	11.00am	1.00pm	Big Love 20th August	Book in advance
	11.00am	12.00pm	Teenage Parent Group 27th August	Referral only
Friday	1.30pm	3.00pm	Cultural Event 0 to 11 years 14th August	Book in advance

Brighter Futures – Family Hub Offer

Please use this link to see the Children's Centre offer and activity details –

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockchildrenscentres

Are your registered with the Family Hub? If not, you can do this online.

Visit: www.thurrock.gov.uk/family-hubs