



Purfleet-on-Thames Family Hub

Centurion Way, Purfleet-on-Thames, RM19 1QA
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thurrock.gov.uk

What's on in October 2026

Best Start in Life - 0 to 12 months:

Days of the week	Start	End	Activity	How to join in
Mondays	11am	Midday	Best Start In Life - Stay and Play 5, 12, 19 and 26 October	All welcome
Tuesdays	1pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months 6, 13, 20 and 27 October	All welcome
	1pm	2:30pm	Best Start In Life - Baby Stay and Weigh 6, 13, 20 and 27 October	All welcome
Wednesdays	11am	Midday	Best Start in Life – Sensory Play Babies 14 and 21 October	All welcome
Thursdays	11am	1pm	B3 -Birth, Bumps and belonging. A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 1 October	All welcome
	Midday	3pm	Unity in Diversity- Celebrating the Richness Of Muslim - Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child 22 October	Book in Advance
Fridays	1:30pm	2:30pm	Best Start In Life – Baby Massage 2, 9, 16, 23 and 30 October	Book in Advance

Best Start in Life - 12 to 24 months:

Days of the week	Start	End	Activity	How to join in
Mondays	9:30am	10:30am	Best Start In Life - Stay and Play 5, 12, 19 and 26 October	All welcome
	1:30pm	2:30pm	Best Start In Life - Stay and Play 5, 12, 19 and 26 October	All welcome
Tuesdays	9:30am	10:30am	Best Start In Life - Messy Play 6, 13, 20 and 27 October	All welcome
	11am	Midday	Best Start In Life - Messy Play 6, 13, 20 and 27 October	All welcome
	1pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months 6, 13, 20 and 27 October	All welcome
	1pm	2:30pm	Best Start In Life - Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) 6, 13, 20 and 27 October	All welcome
Wednesdays	8:45am	11:30am	Speech and Language drop in Clinic (1 st Wednesday every month) 7 October	Appointment only by email: Drop-in@nelft.nhs.uk
	9:30am	10:30am	Best Start In Life - Soft Play 14 and 21 October	All welcome
Thursdays	9:30am	10:30am	ESOL 1, 8, 15 and 29 October	All welcome
	11am	1pm	B3 -Birth, Bumps and belonging. A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 1 October	All welcome
	Midday	3pm	Unity in Diversity- Celebrating the Richness Of Muslim - Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child 22 October	Book in Advance
	1:30pm	2:30pm	Best Start In Life - Sand and Water Play 1, 8, 15 and 29 October	All welcome
Fridays	9:30am	10:30am	Best Start In Life – Stay and Play 2, 9, 16 and 23 October	All welcome
	10am	11am	Spooktacular Fun for 12 – 60 months 30 October	All welcome

Services and activities for parents and children aged 2-19 years 24 - 60 Months:

Mondays	1:30pm	2:30pm	Best Start In Life - Stay and Play 5, 12, 19 and 26 October	All welcome
Tuesdays	11am	Midday	Messy Play 6, 13, 20 and 27 October	All welcome
	1:30pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months 6, 13, 20 and 27 October	All welcome
Wednesdays	8:45am	11:30am	Speech and Language drop in Clinic (1 st Wednesday every month) 7 October	Appointment only by email: Drop-in@nelft.nhs.uk
	9:30am	10:30am	Soft Play 14 and 21 October	All welcome
Thursday	11am	Midday	Spooky Makes (Crafts) 8, 15 and 29 October	All welcome
	Midday	3pm	Unity in Diversity- Celebrating the Richness Of Muslim - Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child 22 October	Book in Advance
	1:30pm	2:30pm	Sand and Water Play 1, 8, 15 and 29 October	All welcome
Fridays	9:30am	10:30am	Stay and Play 2, 9, 16 and 23 October	All welcome
	10am	11am	Spooktacular Fun for 12 – 60 months 30 October	All welcome
	11am	Midday	Chatterbox 2, 9, 16 and 23 October	All welcome

5 to 19 years:

Mondays	9am	4.30pm	Child and Mental Health Services (CAMHS)	Referral through service only
Friday	8:30am	4pm	Flu Catch-up Clinic 30 October	Referral only

General Family Hub Support Services:

Mondays	9am	1pm	1–2 Year Development Checks	Book in Advance 0300 300 1999
Tuesdays	9:30am	11:30am	1–2 Year development Checks	Book in Advance 0300 300 1999
Wednesdays	8:45am	Midday	Speech and Language drop in Clinic (1 st Wednesday every month) 7 October	Appointment only by email: Drop-in@nelft.nhs.uk
	2pm	3pm	Potty Training Workshop 28 October	Referral only
Thursdays	Midday	4pm	Forward Trust - Substance Misuse	Book in advance by calling Lorraine Gray 07485359896
Fridays	9am	4pm	Parent Outreach Advice Session 16 October	Book in Advance 01375 652104

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details.

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

www.facebook.com/groups/thurrockchildrenscentres

Are you registered with the Family Hub? If not, you can do this online.

www.thurrock.gov.uk/family-hubs