



Purfleet-on-Thames Family Hub

Centurion Way, Purfleet-on-Thames, RM19 1QA
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 thurrock.gov.uk

What's on in September 2026

Best Start in Life - 0 to 12 months:

Days of the week	Start	End	Activity	How to join in
Tuesdays	1pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months 1, 8, 15, 22 and 29 September	All welcome
	1pm	2:30pm	Best Start In Life - Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) 1, 8, 15, 22 and 29 September	All welcome
Wednesdays	11am	Midday	Best Start in Life – Baby Massage 2, 9, 16, 23 and 30 September	Book in advance
Thursdays	11am	1pm	B3 -Birth, Bumps and belonging. A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 3 September	All welcome
	11am	1pm	Parents 1 st Coffee Connexions 17 September	Invite only
	Midday	3pm	Unity in Diversity – Celebrating the richness of Muslim Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child. 24 September	Book in advance
Fridays	2pm	3pm	Best Start In Life – Lets talk to your baby 4, 11, 18 and 25 September	Book in advance

Best Start in Life - 12 to 24 months:

Days of the week	Start	End	Activity	How to join in
Mondays	9:30am	10:30am	Best Start In Life - Stay and Play 7, 14, 21 and 28 September	All welcome
	11am	Midday	Best Start In Life - Stay and Play 7, 14, 21 and 28 September	All welcome
Tuesdays	9:30am	10:30am	Best Start In Life - Messy Play 1, 8, 15, 22 and 29 September	All welcome
	11am	Midday	Best Start In Life - Messy Play 1, 8, 15, 22 and 29 September	All welcome
	1pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months 1, 8, 15, 22 and 29 September	All welcome
	1pm	2:30pm	Best Start In Life - Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) 1, 8, 15, 22 and 29 September	All welcome
Wednesdays	8:45am	11:30am	Speech and Language drop in Clinic (1 st Wednesday every month) 2 September	Appointment only by email: Drop-in@nelft.nhs.uk
	9:30am	10:30am	Best Start In Life – Let's talk with your Toddler 9, 16, 23 and 30 September	Book in advance
Thursdays	11am	1pm	B3 -Birth, Bumps and belonging. A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) 3 September	All welcome
	Midday	3pm	Unity in Diversity – Celebrating the richness of Muslim Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child. 24 September	Book in advance
	1:30pm	2:30pm	Best Start In Life - Sand and Water Play 3 and 10 September	All welcome
Fridays	9:30am	10:30am	Best Start In Life - Arts and Crafts 4, 11 and 18 September	All welcome

Services and activities for parents and children aged 2-19 years 24 - 60 Months:

Mondays	9:30am	10:30am	Stay and Play 7, 14, 21 and 28 September	All welcome
	11am	Midday	Best Start In Life - Stay and Play 7, 14, 21 and 28 September	All welcome
Tuesdays	11am	Midday	Messy Play 1, 8, 15, 22 and 29 September	All welcome
	1:30pm	2:30pm	Baby Weighing Clinic Drop-in session for ages 0 - 60 months 1, 8, 15, 22 and 29 September	All welcome
	1:30pm	2:30pm	Baby Stay and Weigh (For those attending the Baby Weighing Clinic only) 1, 8, 15, 22 and 29 September	All welcome
Wednesdays	8:45am	11:30am	Speech and Language drop in Clinic (1 st Wednesday every month) 2 September	Appointment only by email: Drop-in@nelft.nhs.uk
Thursday	11am	Midday	Printing and Painting 3 and 10 September	All welcome
	Midday	3pm	Unity in Diversity – Celebrating the richness of Muslim Cultures A wonderful opportunity to build connections, gain support and enjoy quality time with your child. 24 September	Book in advance
	1:30pm	2:30pm	Sand and Water Play 3 and 10 September	All welcome
Fridays	9:30am	10:30am	Arts and Crafts 4, 11 and 18 September	All welcome
	11am	Midday	Chatterbox 4, 11 and 18 September	Referral only

5 to 19 years:

Mondays	9am	4.30pm	Child and Mental Health Services (CAMHS)	Referral through service only
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General Family Hub Support Services:

Mondays	9am	1pm	1–2 Year Development Checks	Book in Advance 0300 300 1999
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Tuesdays	9:30am	11:30am	1–2 Year development Checks	Book in Advance 0300 300 1999
Wednesdays	8:45am	Midday	Speech and Language drop in Clinic (1 st Wednesday every month) 2 September	Appointment only by email: Drop-in@nelft.nhs.uk
Thursdays	9:30am	10:30am	ESOL 3, 10 and 17 September	All welcome
	10am	11am	Potty Training Workshop 17 September	Referral only
	Midday	4pm	Forward Trust - Substance Misuse	Book in advance by calling Lorraine Gray 07485359896
Fridays	9am	4pm	Parent Outreach Advice Session 18 September	Book in Advance 01375 652104

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details.

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

www.facebook.com/groups/thurrockchildrenscentres

Are you registered with the Family Hub? If not, you can do this online.

www.thurrock.gov.uk/family-hubs