



Chadwell Family Hub

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thurrock.gov.uk

What's on in October 2026

Best Start in Life - 0 to 12 months

Days of the week	Start	End	Activity	How to join in
Mondays	1:30pm	2:30pm	Messy Play 5 October	Book in advance
	1:30pm	2:30pm	Stay and Play – Black and White theme 19 October	All welcome
	1:30pm	2:30pm	Stay and Play – Red and Green theme 26 October	All welcome
Tuesdays	1pm	3pm	Infant Feeding	Book in advance 0300 300 1999
Wednesdays	9:30am	11am	Stay and Play (0 to 2 years) 7 and 21 October	All welcome
	9:30am	11am	Baby Weighing Clinic 7, 14 and 21 October	Drop in
Thursdays	2pm	3:30pm	Bloom and Bond – A creative wellbeing session for new and expectant parents 22 October	Book in advance
Fridays	1:30pm	2:30pm	Autumn Fun 23 October	Book in advance
	1:30pm	2:30pm	Stay and Play – Shiny theme 30 October	All welcome

Best Start in Life - 12 to 24 months

Mondays	9:30am	10:15am	Story and rhyme time	All welcome
Tuesdays	10am	11am	Outdoor Play 6 October	All welcome
	1:30pm	2:30pm	Spooky Fun 27 October	Book in advance

Wednesdays	9:30am	11am	Stay and Play (0 to 2 years) 7 and 21 October	All welcome
	9:30am	11am	Baby Weighing Clinic 7,14 and 21 October	Drop in
	11:15am	Midday	Story time and rhymes 21 October	All welcome
Fridays	11am	Midday	Stay and Play 2, 9, 16 and 30 October	All welcome
	11am	Midday	Autumn Fun 23 October	Book in advance

Services and activities for parents and children aged 2-19 years

24 to 60 months

Mondays	9am	4:30pm	Speech and Language Therapy	Referral only
	9:30am	10:15am	Story and rhyme time	All welcome
	10:45am	11:45am	Arts and Crafts 5 October	Book in advance
	10:45am	11:45am	Fun with Construction 12 October	All welcome
	10:45am	11:45am	Gluing and Sticking 19 October	Book in advance
	10:45am	11:45am	Let's Talk Potty Training 26 October	Book in advance
Tuesdays	10:30am	11:30am	Spooky Fun 27 October	Book in advance
	1:30pm	2:30pm	Outdoor Play 6 October	All welcome
Wednesdays	11:15am	Midday	Story time and rhymes 21 October	All welcome
	1:30pm	2:30pm	Messy Play 7 October	Book in advance
	1:30pm	2:30pm	Fun with Slime and Playdough 21 October	Book in advance
Thursdays	9am	2pm	Developmental Checks	Book in advance
Fridays	9:30am	10:30am	Stay and Play 2, 9,16 and 30 October	All welcome
	9:30am	10:30am	Autumn Fun 23 October	Book in advance

5 to 19 years

Wednesdays	2:30pm	3:30pm	Outdoor Play (4 to 8 years) 21 October	All welcome
	3:15pm	4:15pm	After School Stay and Play (4 to 8 years) 7 October	All welcome

General Family Hub Support Services

Mondays	10am	Midday	Local Area Coordinator Helen Catterick 19 October	Drop in Please call Tilbury Family Hub on 01375 858243 for more information
	3pm	4pm	Essentials Bank at Tilbury Family Hub	Please call Tilbury Family Hub on 01375 858243 for more information Please call Tilbury Family Hub on 01375 858243 for more information
Tuesdays	9am	5pm	Midwife	Book in advance
	10am	12:30pm	EPEC – Being a Parent Group	Book in advance
	9:30am	3pm	Parental Outreach Advice Session 13 October	Book in advance
Wednesdays	9am	2:30pm	Midwife	Book in advance
	2:30pm	3:45pm	ONE COMMUNITY Steps to Success Job Club Opportunity	Drop in
Thursdays	9:30am	2:30pm	Changing Pathways	Drop in
Saturdays	9:30am	11:30am	Dads or Partners Baby Morning Run by Parents 1st (0 to 4 years) 17 October	To book a space please go to www.parents1st.org.uk

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

www.facebook.com/groups/thurrockchildrenscentres

Are you registered with the Family Hub? If not, you can do this online

www.thurrock.gov.uk/family-hubs