



# Chadwell Family Hub

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[thurrock.gov.uk](http://thurrock.gov.uk)

## What's on in September 2026

### Best Start in Life - 0 to 12 months

| Days of the week | Start  | End     | Activity                                            | How to join in                   |
|------------------|--------|---------|-----------------------------------------------------|----------------------------------|
| Mondays          | 1:30pm | 2:30pm  | Messy Play<br><b>7 September</b>                    | Book in advance                  |
| Tuesdays         | 10am   | 11am    | Stay and Play - Sound theme<br><b>1 September</b>   | All welcome                      |
|                  | 10am   | 10:45am | Story and rhyme time<br><b>29 September</b>         | All welcome                      |
|                  | 1pm    | 3pm     | Infant Feeding                                      | Book in advance<br>0300 300 1999 |
| Wednesdays       | 9:30am | 11am    | Stay and Play<br>(0 to 24 months)                   | All welcome                      |
|                  | 9:30am | 11am    | Baby Weighing Clinic                                | Drop in                          |
| Fridays          | 1:30pm | 2:30pm  | Stay and Play – Shiny theme<br><b>4 September</b>   | All welcome                      |
|                  | 1:30pm | 2:30pm  | Stay and Play – Colour theme<br><b>11 September</b> | All welcome                      |

### Best Start in Life - 12 to 24 months

|            |         |         |                                                        |                 |
|------------|---------|---------|--------------------------------------------------------|-----------------|
| Mondays    | 9:30am  | 10:15am | Story and rhyme time                                   | All welcome     |
| Tuesdays   | 1:30pm  | 2:30pm  | Bring a Story to Life – Dear Zoo<br><b>1 September</b> | Book in advance |
| Wednesdays | 9:30am  | 11am    | Baby Weighing Clinic                                   | Drop in         |
|            | 11:15am | Midday  | Story time and rhymes<br><b>2 and 16 September</b>     | All welcome     |
|            | 1:30pm  | 2:30pm  | Messy Play<br><b>2 September</b>                       | Book in advance |

|         |      |        |                                                |             |
|---------|------|--------|------------------------------------------------|-------------|
| Fridays | 11am | Midday | Stay and Play<br><b>4, 11 and 18 September</b> | All welcome |
|---------|------|--------|------------------------------------------------|-------------|

## Services and activities for parents and children aged 2-19 years

### 24 to 60 months

|            |         |         |                                                                                 |                                                                   |
|------------|---------|---------|---------------------------------------------------------------------------------|-------------------------------------------------------------------|
| Mondays    | 9am     | 4:30pm  | Speech and Language Therapy                                                     | Referral only                                                     |
|            | 9:30am  | 10:15am | Story and rhyme time                                                            | All welcome                                                       |
|            | 10:45am | 11:45am | Outdoor Play                                                                    | All welcome                                                       |
| Wednesdays | 11:15am | Midday  | Story time and rhymes<br><b>2 and 16 September</b>                              | All welcome                                                       |
|            | 1:30pm  | 2:30pm  | Arts and Crafts<br><b>9 September</b>                                           | Book in advance                                                   |
| Thursdays  | 9am     | 2pm     | Developmental Checks                                                            | Book in advance                                                   |
|            | 1:30pm  | 2:30pm  | Chat, Play and Grow<br><b>10 September</b>                                      | All welcome                                                       |
|            | 1:30pm  | 2:30pm  | Autumn Crafts<br>Run by Thurrock Adult Community College<br><b>17 September</b> | 01375 372476<br>Please quote Code<br><b>FL5032Y26</b>             |
| Fridays    | 9:30am  | 10:30am | Stay and Play<br><b>4, 11 and 18 September</b>                                  | All welcome                                                       |
|            | 1:30pm  | 2:30pm  | SEND – Just for You<br><b>At Tilbury Family Hub</b>                             | Please call Tilbury Family Hub on 01375 858243 to book your place |

### 5 to 19 years

|           |        |        |                                                                                   |             |
|-----------|--------|--------|-----------------------------------------------------------------------------------|-------------|
| Wednesday | 3:15pm | 4:15pm | After School Stay and Play<br>(4 to 8 years)<br><b>9, 16, 23 and 30 September</b> | All welcome |
|-----------|--------|--------|-----------------------------------------------------------------------------------|-------------|

## General Family Hub Support Services

|            |        |         |  |                                                                                                |                                                                                                                                |
|------------|--------|---------|--|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|
| Mondays    | 10am   | Midday  |  | Local Area Coordinator<br>Helen Catterick<br><b>21 September</b>                               | Drop in<br>For more information, please contact Helen on 07710950318<br>hcatterick@thurrock.gov.uk                             |
|            | 3pm    | 4pm     |  | Essentials Bank at<br><b>Tilbury Family Hub</b>                                                | Drop in<br>Please call Tilbury Family Hub on 01375 858243 for more information                                                 |
| Tuesdays   | 9am    | 5pm     |  | Midwife                                                                                        | Book in advance                                                                                                                |
|            | 9am    | 1pm     |  | EPEC – Being a Parent Group<br><b>Starts 8 September</b>                                       | Book in advance                                                                                                                |
|            | 9:30am | 4:30pm  |  | Parental Outreach Advice Session<br><b>8 September</b>                                         | Book in advance                                                                                                                |
| Wednesdays | 9am    | 2:30pm  |  | Midwife                                                                                        | Book in advance                                                                                                                |
|            | 2:30pm | 3:45pm  |  | ONE COMMUNITY Steps to Success<br>Job Club Opportunity                                         | Drop in                                                                                                                        |
| Thursdays  | 9:30am | 2:30pm  |  | Changing Pathways                                                                              | Drop in                                                                                                                        |
|            | 1:30pm | 2:30pm  |  | Card Making for Adults<br>Run by Adult Community College<br><b>24 September</b>                | 01375 372476<br>Please quote code <b>TL5001Y26</b>                                                                             |
| Fridays    | 3pm    | 4pm     |  | Essentials Bank at<br><b>Tilbury Family Hub</b>                                                | Drop in<br>Please call Tilbury Family Hub on 01375 858243 for more information                                                 |
| Saturdays  | 9:30am | 11:30am |  | Couples Coffee Connections morning<br>Run by Parents 1st (0 to 4 years)<br><b>19 September</b> | For New and expectant parents<br>To book a space please go to <a href="http://www.parents1st.org.uk">www.parents1st.org.uk</a> |

## **Brighter Futures – Family Hub Offer**

Please use this link to see the Family Hub offer and activity details

[www.thurrock.gov.uk/family-hub-activities](http://www.thurrock.gov.uk/family-hub-activities)

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:

[www.facebook.com/groups/thurrockchildrenscentres](https://www.facebook.com/groups/thurrockchildrenscentres)

Are you registered with the Family Hub? If not, you can do this online

[www.thurrock.gov.uk/family-hubs](http://www.thurrock.gov.uk/family-hubs)