



Thameside Family Hub

(in the grounds of) Thameside School Manor Road, Grays, RM 17 6EF

Email: Thamesidefh@thurrock.gov.uk

Phone: 01375 652 280



thurrock.gov.uk

What's on in October 2026

Best Start in Life 0 to 12 months

Day	Start	End	Activity	How to join in
Tuesday	1.30pm	2.30pm	Best Start in Life – Stay and Play 13th and 20th October	All welcome
Wednesday	10:30am	11:30am	SEND - Just For You 7th, 14th and 21st October	All welcome
	1.30pm	2.15pm	Stories and Rhymes 7th and 21st October	All welcome
Thursday	1.30pm	2.30pm	Best Start in Life - Stay and Play 1st, 8th, 15th and 22nd October	All welcome
	1.30pm	2.30pm	Time For You and Baby Too (Pre-birth up to 2 years old)	All welcome

Best start in Life -12 to 24 months

Monday	9.30am	10.30am	Best Start in Life – Stay and Play	All welcome
	11.00am	12.00pm	Best Start in Life -Sensory Play	All welcome
Wednesday	10:30am	11:30am	SEND - Just For You 7th, 14th and 21st October	All welcome
	2.00pm	3.00pm	Fussy Eating Session 28th October	Book in advance
	2.30pm	3.15pm	Stories and Rhymes 7th and 21st October	All welcome
Thursday	1.30pm	2.30pm	Time For You and Baby Too (Pre-birth up to 2 years old)	All welcome
Friday	11.00am	12.00pm	Best Start in Life – Messy Play	All welcome
	1.30pm	2.30pm	Fun with 2nd - Glue 9th – Construction	All welcome

			16th – Mark Making 23rd – Paint 30th - Instruments	
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Services and activities for parents and children aged 2-19 years. 24 to 60 months

Monday	11.00am	12.00pm	Sensory Play	All welcome
	2.00pm	3.00pm	Stay and Play	All welcome
Tuesday	9.30am	10.30am	Let's Talk Potty Training 27th October	Book in advance
Wednesday	10:30am	11:30am	SEND - Just For You 7th, 14th and 21st October	All welcome
	2.00pm	3.00pm	Fussy Eating Session 28th October	Book in advance
	2.30pm	3.15pm	Stories and Rhymes 7th and 21st October	All welcome
Thursday	9.30am	10.30am	Chatterbox	Referral only
	12.00pm	1.00pm	Chat, Play, Grow Younger siblings welcome	All welcome
Friday	9:00am	1:00pm	Early Interaction Advice Sessions	Referral only
	9.00am	1.00am	Speech and Language Drop In 2nd October	Referral only
	9.30am	10.30am	Outside Play	All welcome
	11.00am	12.00pm	Messy Play	All welcome
	1.30pm	2.30pm	Fun with 2nd - Glue 9th – Construction 16th – Mark Making 23rd – Paint 30th - Instruments	All welcome

5-19 years

Tuesdays	4.00pm	5.00pm	Hidden Heroes	Referral only
Wednesday	4.00pm	5.30pm	Young Carers	Referral only
Thursdays	4.00pm	5.00pm	Help me to Stay Safe Programme (6 to 16 years)	Referral only

General Family Hub Support Services.

Monday	8.30am	12.00pm	Housing Advice for Council Tenants	Book in advance 01375 652652 Option 4
	9.00am	4.00pm	Midwife	Book in advance

Tuesday	10.00am	12.00pm	Citizens Advice Drop In 6th and 13th October	Drop In
	10.00am	11.30am	Parent Outreach Advice Session 27th October	Book in advance
	1.00pm	3.00pm	Gestational Diabetes Education Session 13th October	Referral only
	5.00pm	7.30pm	Mum's First Aid Workshop 20th October	Book in advance
Wednesday	9.00am	4.00pm	Midwife	Book in advance
	2.00pm	4.00pm	Thurrock Virtual School Drop In 7th October	Drop In
Thursday	9.00am	4.00pm	Midwife	Book in advance
	1.30pm	3.00pm	Autumn Event 0 to 11 years 29th October	Book in advance
Friday	9.00am	1.00pm	Speech and Language Drop In 2nd October	Referral only
	9.00am	2.00pm	Early Interaction Advice Session	Referral only
	10:00am	12:30pm	Job Club – Supported Families Employment Adviser	Book in advance 07776245301

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details –

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockchildrenscentres

Are your registered with the Family Hub? If not, you can do this online

Visit: www.thurrock.gov.uk/family-hubs