



Thameside Family Hub

(in the grounds of) Thameside School Manor Road, Grays, RM 17 6EF

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thurrock.gov.uk

What's on in September 2026

Best Start in Life 0 to 12 months

Day	Start	End	Activity	How to join in
Tuesday	1.30pm	2.30pm	Best Start in Life – Stay and Play 1st, 8th, 15th and 29th September	All welcome
Wednesday	10:30am	11:30am	SEND - Just For You 2nd, 9th 16th and 30th September	All welcome
	1.30pm	2.15pm	Stories and Rhymes 2nd and 16th September	All welcome
Thursday	9.30am	10.30am	Best Start in Life - Let's Talk to your Baby	Book in advance
	1.30pm	2.45pm	Best Start in Life - Stay and Play 3rd, 10th and 17th September	All welcome
	1.30pm	2.30pm	Time For You and Baby Too (Pre-birth up to 2 years old)	All welcome

Best start in Life -12 to 24 months

Monday	9.30am	10.30am	Best Start in Life – Stay and Play 7th, 14th and 28th September	All welcome
	11.00am	12.00pm	Best Start in Life -Sensory Play 7th, 14th and 28th September	All welcome
Tuesday	9.30am	10.30pm	Best Start in Life – Let's Talk to your Toddler	Book in advance
Wednesday	10:30am	11:30am	SEND - Just For You 2nd, 9th 16th and 30th September	All welcome
	2.30pm	3.15pm	Stories and Rhymes 2nd and 16th September	All welcome
Thursday	1.30pm	2.30pm	Time For You and Baby Too (Pre-birth up to 2 years old)	All welcome

Friday	11.00am	12.00pm	Best Start in Life – Messy Play 4th and 11th September	All welcome
	1.30pm	2.30pm	Fun with 4th – Music 11th – Paint	All welcome

Services and activities for parents and children aged 2-19 years. 24 to 60 months

Monday	11.00am	12.00pm	Sensory Play 7th, 14th and 28th September	All welcome
	2.00pm	3.00pm	Stay and Play 7th, 14th and 28th September	All welcome
Tuesday	11.00am	12.00pm	Fun with 1st – Music 8th – Paint 15th – Glue 29th - Collage	All welcome
Wednesday	10:30am	11:30am	SEND - Just For You 2nd, 9th 16th and 30th September	All welcome
	1.30pm	2.30pm	Bring a Story to Life 2nd – Dear Zoo 9th – The Elves and the Shoemaker 16th – Three Billy Goats Gruff 30th – Stick Man	All welcome
	2.30pm	3.15pm	Stories and Rhymes 2nd and 16th September	All welcome
Thursday	9.30am	10.30am	Chatterbox	Referral only
	11.00am	12.00pm	Fun with 10th – Paint 17th - Glue	
	12.00pm	1.00pm	Chat, Play, Grow Younger siblings welcome 3rd September	All welcome
Friday	9:00am	2:00pm	Early Interaction Advice Sessions	Referral only
	9.00am	1.00am	Speech and Language Drop In 4th September	Referral only
	9.30am	10.30am	Outside Play 4th and 11th September	All welcome
	11.00am	12.00pm	Messy Play 4th and 11th September	All welcome
	1.30pm	2.30pm	Fun with 4th – Music 11th – Paint	All welcome

5-19 years

Wednesday	4.00pm	5.30pm	Young Carers	Referral only
Thursdays	4.00pm	5.00pm	Help me to Stay Safe Programme (6 to 16 years)	Referral only

General Family Hub Support Services.

Monday	8.30am	12.00pm	Housing Advice for Council Tenants	Book in advance 01375 652652 Option 4
	9.00am	4.00pm	Midwife	Book in advance
	9.30am	11.00am	Reducing Parental Conflict Drop In 21st September	Drop In
Tuesday	10.00am	12.00pm	Citizens Advice Drop In	Drop In
	1.00pm	3.00pm	Gestational Diabetes Education Session 8th September	Referral only
Wednesday	9.00am	4.00pm	Midwife	Book in advance
	2.00pm	4.00pm	Thurrock Virtual School Drop In 2nd September	Drop In
Thursday	9.00am	4.00pm	Midwife	Book in advance
Friday	9.00am	1.00pm	Speech and Language Drop In 4th September	Referral only
	9.00am	2.00pm	Early Interaction Advice Session	Referral only
	10:00am	12:30pm	Job Club – Supported Families Employment Adviser	Book in advance 07776245301

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details –

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockchildrenscentres

Are your registered with the Family Hub? If not, you can do this online

Visit: www.thurrock.gov.uk/family-hubs