Ockendon Family Hub

2a Afton Drive, South Ockendon, RM15 5PA
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thurrock.gov.uk

What's on in November 2026

Best Start in Life - 0 to 12 months:

Days of the week	Start	End	Activity	How to join in
Mondays	10:30am	11:30am	Time for you and baby too **2, 9, 16, 23 and 30 November**	All welcome
	11am	Midday	Best Start In Life – Baby Rhyme Time **9, 16 and 30 November**	Book in advance
	12:30pm	2:30pm	Big Love (Stay and Play) Supporting Young Parents aged 14 to 25 years **2, 9, 16, 23 and 30 November**	All welcome. For more information call 07427578058
Tuesdays	9:15am	10:15am	Best Start In Life – Sensory Play **3, 10 and 24 November**	All welcome
Wednesdays	Midday	2pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) **18 November** (every 3rd Wed in the month)	All welcome
	10:45am	11:45am	Fun with Boxes and Bricks **4, 11, 18 and 25 November**	All welcome
	5pm	7:30pm	Dads Infant and Toddler First Aid Workshop **3 November**	Book in advance
Thursdays	1:30pm	2:30pm	Best Start In Life – Stay and Play **12, 19 and 26 November**	All welcome
Fridays	11am	Midday	Best Start In Life – Baby Massage **6, 13, 20 and 27 November**	Book in advance

Best Start in Life – 12 to 24 months:

Mondays	9am	10am	Let's talk with your Toddler **9, 16, 23 and 30 November**	Book in advance
	10:30am	11:30am	Time for you and baby too **2, 9, 16, 23 and 30 November**	All welcome
Tuesdays	11am	Midday	Best Start In Life – Messy Play **3, 10 and 24 November**	All welcome
	1:30pm	2:30pm	SEND – Just for you **3, 10 and 24 November**	All welcome
	1:30pm	2:30pm	SEND - Just for you – SNAP are attending **24 November**	All welcome
Wednesdays	Midday	2pm	B3 – Birth, Bumps and Belonging A safe space for parents of Afro Caribbean heritage (0-24 months and parents to be) **18 November** (every 3rd Wed in the month)	All welcome
	5pm	7:30pm	Dads Infant and Toddler First Aid Workshop **3 November**	Book in advance
Thursdays	9:15am	10:15am	Best Start In Life – Stay and Play **12, 19 and 26 November**	All welcome

Services and activities for parents and children aged 2-19 years
24 to 60 months:

Monday	1:30pm	2:30pm	Help with Primary School Applications for your child to start reception in September 2027 **16 November**	Drop In
Tuesdays	11am	Midday	Best Start In Life – Messy Play **3, 10 and 24 November**	All welcome
	1:30pm	2:30pm	SEND – Just for you **3, 10 and 24 November**	All welcome
	1:30pm	2:30pm	SEND - Just for you – SNAP are attending **24 November**	All welcome
Wednesday	9:15am	10:15am	Chatterbox **4, 11, 18 and 25 November**	Referral only
	4pm	5:30pm	Young Carers (4-8 years) **4, 11, 18 and 25 November**	Referral only
	5pm	7:30pm	Dads Infant and Toddler First Aid Workshop **3 November**	Book in advance

Thursdays	11am	Midday	Stay and Play **12, 19 and 26 November**	All welcome
Fridays	9:30am	10:30am	Fun with Small World **6, 13 and 20 November**	All welcome
	1:30pm	2:30pm	Chat, Play and Grow - Welcoming Children with Special Education Needs and Disabilities **6, 13, 20 and 27 November**	All welcome

General Family Hub Support Services:

Mondays	9am	3pm	Children's Occupational Therapy Pre-school Clinic (every 3rd Monday in each month) **23 November**	Book in advance by email: childrensotdropin@nelft.nhs.uk
	9am	4pm	Parental Outreach Advice Session **23 November**	Book in advance
	10am	Midday	Citizens Advice Bureau **2 November**	Drop In
Tuesdays	9am	3pm	Brook Sexual Health Clinic **Prebooked appointments only**	**Prebooked appointments only** from our website: www.brook.org.uk/thurrock or call 01375 800260
	10:30am	Midday	Being a Parent Group (EPEC – for parents with a child aged 2 - 11yrs) information session **(Online meeting only)** **24 November**	To Book please call Angie Holland on 07894 710373
	10:30am	Midday	Thurrock Virtual School: Information, advice and guidance on education matters and supporting children in education (Parents of 2 to 18 year olds) **24 November**	Drop In
	3:30pm	5pm	Help me to Stay Safe Programme	Referral only
Wednesdays	9am	5pm	Midwife appointments	Book in advance
	9am	Midday	Infant Feeding Advice and Support	Book in advance 0300 300 1999
	9:30am	4pm	1- and 2-year development checks	Book in advance 0300 300 1999
	1pm	2:30pm	Parent/Carer Panel Information session **(Online meeting only)** Parents with children aged 0-2 years **4 November**	To Book please call Angie Holland on 07894 710373
	1pm	3.30pm	Speech and Language Clinic (4th Wednesday in every month) **25 November**	Appointments only by email: nem-tr.drop-in@nhs.net
	1pm	3pm	DWP Family Community Work Coach	Appointments only

Thursdays	9am	5pm	Midwife appointments	Book in advance
	9am	11:15am	Antenatal Blood Tests	Book in advance with your midwife
	1pm	5pm	Newborn Screening	Book with your midwife
Fridays	9am	4pm	Midwife appointments	Book in advance
	10am	3pm	Substance Misuse Drop in service 18+ years	Drop in with Lorraine 07485359896

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub offer and activity details
www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Facebook for information:
www.facebook.com/groups/thurrockschildrenscentres

Are you registered with the Family Hub? If not, you can do this online
www.thurrock.gov.uk/family-hubs