Stifford Family Hub

(In the grounds of) Belmont Castle Academy, Parker Road, Grays, RM 17 5YN
Email: Stiffordfh@thurrock.gov.uk Phone: 01375 652 653

thurrock.gov.uk

What's on in November 2026

Best Start in Life – 0 to 12 months

Day	Start	End	Activity	How to join in
Mondays	11.00am	12.00pm	Best Start in Life – Baby Massage **9th and 16th November**	**Book in advance**
	1.30pm	2.30pm	Best Start in Life - Baby Sensory **2nd, 9th and 16th November**	All welcome
	9.30am	10.30am	Start for Life - Dental Event **2nd November**	**Book in advance**
Tuesdays	9.30am	12.30pm	Infant Feeding Clinic	**Book in advance 0300 300 1999**
	12.00pm	2.00pm	Blooming Together – Infant feed and Support group. Join mums for a chat, reassurance, to share experiences and build connections. Babies welcome **24th November**	Drop in
	10.00am	11.00am	Baby Rhyme Time **3rd, 10th and 17th November**	All welcome
	12.30pm	1.30pm	Triple P Baby **10th, 17th, 24th and 30th November**	**Book in advance**
Wednesdays	1.30pm	2.15pm	Stories and Rhymes **11th and 25th November**	All welcome
Thursdays	9.30am	10.30am	Best Start in Life – Baby Explore	All welcome
	11.00am	1.00pm	B3 Bumps, Birth and Belonging safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be. **12th November**	All welcome
Fridays	10.00am	11.30am	Baby Weighing Clinic	All welcome
	11.00am	12.00pm	Best Start in Life -Baby Rhyme Time	All welcome
	12.30pm	2.30pm	Infant Feeding Clinic	**Book in advance 0300 300 1999**

Best Start in Life - 12 to 24 months

Mondays	9.30am	10.30pm	Bookstart 12 month+ **9th November**	All welcome
	9.30am	10.30am	Best Start in Life – Let's Talk Toddler **9th and 16th November**	**Book in advance**
	11.00am	12.00pm	Fun with ….. **2nd** – mark making **9th** – musical instruments **16th –** arts and crafts **30th -** People who helps us	All welcome
	9.30am	10.30am	Start for Life - Dental Event **2nd November**	**Book in advance**
Tuesdays	9.30am	10.30am	Best Start in Life – Stay and Play	All welcome
Wednesdays	2.30pm	3.15pm	Stories and Rhymes **11th and 25th November**	All welcome
Thursdays	11.00am	1.00pm	B3 Bumps, Birth and Belonging safe space for parents of Afro Caribbean heritage (0-2 years) and parents to be. **12th November**	All welcome
Fridays	9.30am	10.30am	Fun with ….. **6th** – transport **13th** – alphabet **20th** – sea life **27th -** numbers	All welcome
	10.00am	11.30am	Baby Weighing Clinic	All welcome
	1.45pm	2.45pm	Best Start in Life - Messy Play	All welcome

Services and activities for parents and children aged 2-19 years.
24 to 60 months

Mondays	2.00pm	3.00pm	Stay and Play **2nd, 9th and 16th November**	All welcome
	9.30am	10.30am	Start for Life - Dental Event **2nd November**	**Book in advance**
	9.30am	10.30pm	Bookstart 12 month+ **9th November**	All welcome
	11.00am	12.00pm	Fun with ….. **2nd** – mark making **9th** – musical instruments **16th –** arts and crafts **30th -** People who helps us	All welcome
Wednesday	9.30am	10.30am	Fun with ….. **6th** – fireworks **11th** – farm animals **18th** – shapes **25th** – mark making	All welcome
	11.00am	12.00pm	Bring a Story to Life **6th** – Three Little Pigs **11th** – Owl Babies	All welcome

			18th – We Are Going On a Bear Hunt **25th** – Handa's Surprise	
	1.45pm	2.45pm	Stay and Play **4th, 11th and 25th November**	All welcome
	2.30pm	3.15pm	Stories and Rhymes **11th and 25th November**	All welcome
Thursdays	11.30am	12.30pm	SEN Chat, Play, Grow	All Welcome
	3.15pm	4.15pm	Stay and Play – After School **5th, 12th, and 19th November**	All welcome
Fridays	9.30am	10.30am	Fun with ….. **6th** – transport **13th** – alphabet **20th** – sea life **27th** - numbers	All welcome
	10.00am	11.30am	Baby Weighing Clinic	All welcome
	1.45pm	2.45pm	Best Start in Life - Messy Play	All welcome

5 to 19 Years

Mondays	9.30am	10.30am	Start for Life - Dental Event **2nd November**	**Book in advance**
Wednesday	4.00pm	5.00pm	Help Me to Stay Safe	Referral only

General Family Hub Support Services.

Mondays	8.30am	12.00pm	Housing Advice for Council Tenants	**01375 652 652 Option 4**
Tuesdays	12:30am	2:30pm	Henry **3rd November**	**Book in advance**
	10.30am	1.30pm	Parent 1st coffee connection **10th November**	**Book in advance 01268 525758 Info@parents1st.org.uk**
	1.00am	2.30pm	Online - Parent Carer Panel information session **4th November**	**Book in advance 07894 710373 aholland@thurrock.gov.uk**
	10.30am	12.00pm	Online - Being a parent Group (EPEC – for parents with a child 2-11yrs) information session **24th November**	**Book in advance 07894 710373 aholland@thurrock.gov.uk**
Wednesdays	9.00am	4.00pm	Forward Trust - Addiction Service	**Drop in Lorraine. G 07977 792 236**
Thursdays	10.00am	12.30pm	Job Club – Supported Families Employment Advisor	**Book in advance 07776 245 301**
	11.30am	12.30pm	SEN Chat, Play, Grow	All Welcome
	9.00am	3.00pm	Joint OT/Physio Baby Clinic **5th November**	**Referral only**
	5.00pm	7.30pm	Baby Shower Event	All welcome

Brighter Futures – Family Hub Offer

Please use this link to see the Children's Centre offer and activity details –

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockschildrenscentres

Are your registered with the Family Hub? If not, you can do this online.

Visit: www.thurrock.gov.uk/family-hubs