Thameside Family Hub

(In the grounds of) Thameside School Manor Road, Grays, RM 17 6EF
Email: Thamesidefh@thurrock.gov.uk Phone: 01375 652 280

thurrock.gov.uk

What's on in November 2026

Best Start in Life 0 to 12 months

Day	Start	End	Activity	How to join in
Tuesday	11.00am	12.00pm	Best Start in Life – Let's Talk with your Baby **10th, 17th and 24th November**	All welcome
	1.30pm	2.30pm	Best Start in Life – Stay and Play	All welcome
Wednesday	10:30am	11:30am	SEND - Just For You	All welcome
	11.00am	12.00pm	Autumn Arts and Crafts **4th, 11th and 25th November**	All welcome
	1.30pm	2.15pm	Stories and Rhymes **4th and 18th November**	All welcome
Thursday	1.30pm	2.30pm	Best Start in Life - Stay and Play	All welcome
	1.30pm	2.30pm	Time For You and Baby Too (Pre-birth up to 2 years old)	All welcome
Friday	1.45pm	2.45pm	Best Start in Life - Baby Sensory	All welcome

Best start in Life -12 to 24 months

Monday	9.30am	10.30am	Best Start in Life – Stay and Play **9th, 16th, 23rd and 30th November**	All welcome
	11.00am	12.00pm	Best Start in Life -Sensory Play **9th, 16th, 23rd and 30th November**	All welcome
Wednesday	10:30am	11:30am	SEND - Just For You	All welcome
	1.30pm	2.30pm	Potty Session **11th November**	**Book in advance**
	1.30pm	2.30pm	Fussy Eating Session **25th November**	**Book in advance**
	2.30pm	3.15pm	Stories and Rhymes **4th and 18th November**	All welcome
Thursday	1.30pm	2.30pm	Time For You and Baby Too (Pre-birth up to 2 years old)	All welcome
Friday	11.00am	12.00pm	Best Start in Life – Messy Play	All welcome

	1.30pm	2.30pm	Fun with …. **6th** – Painting **13th** – Playdough **20th** – Small World **27th** – Messy Play	All welcome

Services and activities for parents and children aged 2-19 years.
24 to 60 months

Monday	11.00am	12.00pm	Sensory Play **9th, 16th, 23rd and 30th November**	All welcome
	2.00pm	3.00pm	Stay and Play **9th, 16th and 23rd November**	All welcome
Tuesday	9.30am	10.30am	Fun with …. **3rd** – Painting **10th** – Pretend Play **17th** – Maths **24th** - Construction	All welcome
Wednesday	9.30am	10.30am	Bring a Story to Life **11th and 25th November**	All welcome
	10:30am	11:30am	SEND - Just For You	All welcome
	1.30pm	2.30pm	Potty Session **11th November**	**Book in advance**
	1.30pm	2.30pm	Fussy Eating Session **25th November**	**Book in advance**
	2.30pm	3.15pm	Stories and Rhymes **4th and 18th November**	All welcome
Thursday	9.30am	10.30am	Chatterbox	**Referral only**
	12.00pm	1.00pm	Chat, Play, Grow Younger siblings welcome	All welcome
Friday	9:00am	1:00pm	Early Interaction Advice Sessions	**Referral only**
	9.00am	1.00am	Speech and Language Drop In **6th November**	**Referral only**
	9.30am	10.30am	Outside Play	All welcome
	11.00am	12.00pm	Messy Play	All welcome
	1.30pm	2.30pm	Fun with …. **6th** – Painting **13th** – Playdough **20th** – Small World **27th** – Messy Play	All welcome

5-19 years

Tuesdays	4.00pm	5.00pm	Hidden Heroes	**Referral only**
Wednesday	4.00pm	5.30pm	Young Carers	**Referral only**
Thursdays	4.00pm	5.00pm	Help me to Stay Safe Programme (6 to 16 years	**Referral only**

General Family Hub Support Services.

Monday	8.30am	12.00pm	Housing Advice for Council Tenants	**Book in advance 01375 652652 Option 4**
	9.00am	4.00pm	Midwife	**Book in advance**
Tuesday	10.00am	12.00pm	Citizens Advice Drop In	Drop In
	10.00am	11.30am	Bloom & Bond – Mindful Creative Workshops (Bump to baby ages 0-2 years) **17th November**	**Book in advance**
	1.00pm	3.00pm	Gestational Diabetes Education Session **10th November**	**Referral only**
	1.00pm	2.30pm	Online - Parent Carer Panel Information Session **4th November**	**Book in advance 07894 710373 aholland@thurrock.gov.uk**
	10.30am	12.00pm	Online - Being a parent Group (EPEC – for parents with a child 2-11yrs) information session **24th November**	**Book in advance 07894 710373 aholland@thurrock.gov.uk**
Wednesday	9.00am	4.00pm	Midwife	**Book in advance**
	10.00am	12.00pm	School Application Drop in For advice, support and guidance around applying for your child's school place **18th November**	Drop In
	2.00pm	4.00pm	Thurrock Virtual School Drop In **4th November**	Drop In
Thursday	9.00am	4.00pm	Midwife	**Book in advance**
	10.00am	11.30am	Parent Outreach Advice Session **26th November**	**Book in advance**
Friday	9.00am	1.00pm	Speech and Language Drop In **6th November**	**Referral only**
	9.00am	2.00pm	Early Interaction Advice Session	**Referral only**
	10:00am	12:30pm	Job Club – Supported Families Employment Adviser	**Book in advance** 07776245301

Brighter Futures – Family Hub Offer

Please use this link to see the Family Hub's offer and activity details –

www.thurrock.gov.uk/family-hub-activities

Please see the Thurrock website for details of each Family Hub and what is on offer each month and Face Book for information:

www.facebook.com/groups/thurrockschildrenscentres

Are your registered with the Family Hub? If not, you can do this online

Visit:www.thurrock.gov.uk/family-hubs