

Bus route 372 timetable – Stagecoach East London buses

Timetable in use from 11 April 2013.

Lakeside Bus Station to Hornchurch

Monday to Friday

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	05:35	06:05	06:35	06:57	07:17	07:37	07:57	08:17	08:37	08:57	09:17	09:37
Lakeside, Arterial Road	05:38	06:08	06:38	07:00	07:20	07:40	08:00	08:20	08:40	09:00	09:20	09:40
Aveley, Back Lane	05:40	06:10	06:40	07:01	07:21	07:41	08:01	08:21	08:41	09:01	09:21	09:41
Aveley, Crescent Walk	05:42	06:12	06:43	07:05	07:25	07:45	08:05	08:25	08:45	09:05	09:25	09:45
Aveley, Mill Road	05:44	06:15	06:46	07:06	07:26	07:46	08:06	08:26	08:46	09:06	09:26	09:46
Aveley, Hanford Road	05:46	06:17	06:48	07:10	07:30	07:50	08:10	08:30	08:50	09:10	09:30	09:50
Wennington Green	05:50	06:21	06:52	07:12	07:32	07:52	08:12	08:32	08:52	09:12	09:32	09:52
Rainham Station	05:54	06:25	06:56	07:16	07:36	07:56	08:16	08:36	08:56	09:16	09:36	09:56
Rainham Tesco	05:56	06:27	06:58	07:20	07:40	08:00	08:20	08:40	09:00	09:20	09:40	10:00
South Hornchurch	06:04	06:35	07:06	07:28	07:47	08:08	08:28	08:47	09:08	09:28	09:47	10:08
Elm Park Station	06:08	06:39	07:11	07:34	07:52	08:14	08:34	08:52	09:14	09:34	09:52	10:14
Elm Park, Abbs Cross School	06:10	06:41	07:13	07:36	07:54	08:16	08:36	08:54	09:16	09:36	09:54	10:16
Hornchurch Town Centre	06:15	06:47	07:19	07:41	08:01	08:21	08:41	09:01	09:21	09:41	10:01	10:21

Monday to Friday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	09:57	10:17	10:37	10:57	11:17	11:37	11:57	12:17	12:37	12:57	13:17	13:37
Lakeside, Arterial Road	10:00	10:20	10:40	11:00	11:20	11:40	12:00	12:20	12:40	13:00	13:20	13:40
Aveley, Back Lane	10:01	10:21	10:41	11:01	11:21	11:41	12:01	12:21	12:41	13:01	13:21	13:41
Aveley, Crescent Walk	10:05	10:25	10:45	11:05	11:25	11:45	12:05	12:25	12:45	13:05	13:25	13:45
Aveley, Mill Road	10:06	10:26	10:46	11:06	11:26	11:46	12:06	12:26	12:46	13:06	13:26	13:46
Aveley, Hanford Road	10:10	10:30	10:50	11:10	11:30	11:50	12:10	12:30	12:50	13:10	13:30	13:50
Wennington Green	10:12	10:32	10:52	11:12	11:32	11:52	12:12	12:32	12:52	13:12	13:32	13:52
Rainham Station	10:16	10:36	10:56	11:16	11:36	11:56	12:16	12:36	12:56	13:16	13:36	13:56
Rainham Tesco	10:20	10:40	11:00	11:20	11:40	12:00	12:20	12:40	13:00	13:20	13:40	14:00
South Hornchurch	10:28	10:47	11:08	11:28	11:47	12:08	12:28	12:47	13:08	13:28	13:47	14:08
Elm Park Station	10:34	10:52	11:14	11:34	11:52	12:14	12:34	12:52	13:14	13:34	13:52	14:14
Elm Park, Abbs Cross School	10:36	10:54	11:16	11:36	11:54	12:16	12:36	12:54	13:16	13:36	13:54	14:16
Hornchurch Town Centre	10:41	11:01	11:21	11:41	12:01	12:21	12:41	13:01	13:21	13:41	14:01	14:21

Monday to Friday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	13:57	14:17	14:37	14:56	15:16	15:36	15:56	16:16	16:36	16:56	17:16	17:36
Lakeside, Arterial Road	14:00	14:20	14:40	14:59	15:19	15:39	15:59	16:19	16:39	16:59	17:19	17:39
Aveley, Back Lane	14:01	14:21	14:41	15:01	15:21	15:41	16:01	16:21	16:41	17:01	17:21	17:41
Aveley, Crescent Walk	14:05	14:25	14:45	15:04	15:23	15:43	16:03	16:23	16:43	17:03	17:23	17:43
Aveley, Mill Road	14:06	14:26	14:46	15:06	15:26	15:46	16:06	16:26	16:46	17:06	17:26	17:46
Aveley, Hanford Road	14:10	14:30	14:50	15:09	15:29	15:49	16:08	16:28	16:48	17:08	17:28	17:48
Wennington Green	14:12	14:32	14:52	15:12	15:32	15:52	16:12	16:32	16:52	17:12	17:32	17:52
Rainham Station	14:16	14:36	14:56	15:16	15:36	15:56	16:16	16:36	16:56	17:16	17:36	17:56
Rainham Tesco	14:20	14:40	15:00	15:19	15:39	15:59	16:18	16:38	16:57	17:18	17:38	17:57
South Hornchurch	14:28	14:47	15:08	15:28	15:47	16:08	16:28	16:47	17:08	17:28	17:47	18:08
Elm Park Station	14:34	14:52	15:14	15:34	15:52	16:14	16:34	16:52	17:14	17:34	17:52	18:14
Elm Park, Abbs Cross School	14:36	14:54	15:16	15:36	15:54	16:16	16:36	16:54	17:16	17:36	17:54	18:16
Hornchurch Town Centre	14:41	15:01	15:21	15:41	16:01	16:21	16:41	17:01	17:21	17:41	18:02	18:22

Monday to Friday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	17:56	18:16	18:36	18:56	19:16	19:46	20:16	20:46	21:16	21:46	22:16	22:46
Lakeside, Arterial Road	17:59	18:19	18:39	18:59	19:18	19:48	20:18	20:48	21:18	21:48	22:18	22:48
Aveley, Back Lane	18:01	18:21	18:41	19:01	19:21	19:51	20:20	20:50	21:20	21:50	22:20	22:50
Aveley, Crescent Walk	18:03	18:23	18:43	19:03	19:23	19:53	20:22	20:52	21:22	21:52	22:22	22:52
Aveley, Mill Road	18:06	18:26	18:45	19:05	19:25	19:55	20:24	20:54	21:24	21:54	22:24	22:54
Aveley, Hanford Road	18:08	18:28	18:47	19:07	19:27	19:56	20:25	20:55	21:25	21:55	22:25	22:55
Wennington Green	18:12	18:32	18:51	19:11	19:31	19:59	20:28	20:58	21:28	21:58	22:28	22:58
Rainham Station	18:16	18:36	18:55	19:15	19:35	20:02	20:32	21:02	21:32	22:02	22:32	23:02
Rainham Tesco	18:18	18:38	18:57	19:17	19:37	20:04	20:34	21:04	21:34	22:04	22:34	23:04
South Hornchurch	18:28	18:47	19:05	19:25	19:45	20:12	20:42	21:12	21:42	22:12	22:42	23:12
Elm Park Station	18:34	18:52	19:10	19:30	19:50	20:16	20:46	21:16	21:46	22:16	22:46	23:16
Elm Park, Abbs Cross School	18:36	18:54	19:12	19:32	19:52	20:18	20:48	21:18	21:48	22:18	22:48	23:18
Hornchurch Town Centre	18:41	18:59	19:17	19:37	19:57	20:23	20:53	21:23	21:53	22:23	22:53	23:23

Monday to Friday – continued

Bus stop	Time
Lakeside, Bus Station, Bay C	23:16
Lakeside, Arterial Road	23:18
Aveley, Back Lane	22:50
Aveley, Crescent Walk	23:22
Aveley, Mill Road	23:24
Aveley, Hanford Road	23:26
Wennington Green	23:28
Rainham Station	23:32
Rainham Tesco	23:34
South Hornchurch	23:42
Elm Park Station	23:46
Elm Park, Abbs Cross School	23:48
Hornchurch Town Centre	23:52

Saturday

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	05:35	06:05	06:35	07:05	07:35	08:05	08:24	08:41	09:00	09:20	09:38	09:57
Lakeside, Arterial Road	05:38	06:08	06:38	07:08	07:38	08:08	08:27	08:44	09:03	09:23	09:41	10:00
Aveley, Back Lane	05:40	06:10	06:40	07:10	07:40	08:10	08:29	08:46	09:05	09:25	09:43	10:02
Aveley, Crescent Walk	05:42	06:12	06:42	07:12	07:42	08:12	08:31	08:48	09:07	09:27	09:45	10:04
Aveley, Mill Road	05:44	06:14	06:44	07:14	07:44	08:14	08:33	08:50	09:09	09:29	09:47	10:06
Aveley, Hanford Road	05:45	06:15	06:45	07:15	07:45	08:15	08:34	08:51	09:10	09:30	09:48	10:07
Wennington Green	05:48	06:18	06:48	07:18	07:48	08:18	08:37	08:54	09:15	09:35	09:53	10:12
Rainham Station	05:52	06:22	06:52	07:22	07:52	08:22	08:41	08:58	09:19	09:39	09:57	10:16
Rainham Tesco	05:54	06:24	06:54	07:24	07:54	08:24	08:43	09:00	09:21	09:41	09:59	10:18
South Hornchurch	06:02	06:32	07:02	07:32	08:02	08:32	08:51	09:07	09:28	09:48	10:08	10:28
Elm Park Station	06:06	06:36	07:06	07:36	08:06	08:36	08:55	09:13	09:34	09:54	10:14	10:34
Elm Park, Abbs Cross School	06:08	06:38	07:08	07:38	08:08	08:38	08:57	09:16	09:37	09:57	10:17	10:37
Hornchurch Town Centre	06:13	06:43	07:13	07:43	08:13	08:43	09:02	09:21	09:41	10:03	10:22	10:41

Saturday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	10:17	10:37	10:57	11:17	11:37	11:57	12:17	12:37	12:57	13:17	13:37	13:57
Lakeside, Arterial Road	10:20	10:40	11:00	11:20	11:40	12:00	12:20	12:40	13:00	13:20	13:40	14:00
Aveley, Back Lane	10:22	10:42	11:02	11:22	11:42	12:02	12:22	12:42	13:02	13:22	13:42	14:02
Aveley, Crescent Walk	10:24	10:44	11:04	11:24	11:44	12:04	12:24	12:44	13:04	13:24	13:44	14:04
Aveley, Mill Road	10:26	10:46	11:06	11:26	11:46	12:06	12:26	12:46	13:06	13:26	13:46	14:06
Aveley, Hanford Road	10:27	10:47	11:07	11:27	11:47	12:07	12:27	12:47	13:07	13:27	13:47	14:07
Wennington Green	10:32	10:52	11:12	11:32	11:52	12:12	12:32	12:52	13:12	13:32	13:52	14:12
Rainham Station	10:36	10:56	11:16	11:36	11:56	12:16	12:36	12:56	13:16	13:36	13:56	14:16
Rainham Tesco	10:38	10:58	11:18	11:38	11:58	12:18	12:38	12:58	13:18	13:38	13:58	14:18
South Hornchurch	10:48	11:08	11:28	11:48	12:08	12:28	12:48	13:08	13:28	13:48	14:08	14:28
Elm Park Station	10:54	11:14	11:34	11:54	12:14	12:34	12:54	13:14	13:34	13:54	14:14	14:34
Elm Park, Abbs Cross School	10:57	11:17	11:37	11:57	12:17	12:37	12:57	13:17	13:37	13:57	14:17	14:37
Hornchurch Town Centre	11:03	11:22	11:41	12:03	12:22	12:41	13:03	13:22	13:41	14:03	14:22	14:41

Saturday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	14:17	14:37	14:57	15:17	15:37	15:57	16:17	16:37	16:57	17:17	17:37	17:57
Lakeside, Arterial Road	14:20	14:40	15:00	15:20	15:40	16:00	16:20	16:40	17:00	17:20	17:40	18:00
Aveley, Back Lane	14:22	14:42	15:02	15:22	15:42	16:02	16:22	16:42	17:02	17:22	17:42	18:02
Aveley, Crescent Walk	14:24	14:44	15:04	15:24	15:44	16:04	16:24	16:44	17:04	17:24	17:44	18:04
Aveley, Mill Road	14:26	14:46	15:06	15:26	15:46	16:06	16:26	16:46	17:06	17:26	17:46	18:06
Aveley, Hanford Road	14:27	14:47	15:07	15:27	15:47	16:07	16:27	16:47	17:07	17:27	17:47	18:07
Wennington Green	14:32	14:52	15:12	15:32	15:52	16:12	16:32	16:52	17:12	17:32	17:52	18:12
Rainham Station	14:36	14:56	15:16	15:36	15:56	16:16	16:36	16:56	17:16	17:36	17:56	18:16
Rainham Tesco	14:38	14:58	15:18	15:38	15:58	16:18	16:38	16:58	17:18	17:38	17:58	18:18
South Hornchurch	14:48	15:08	15:28	15:48	16:08	16:28	16:48	17:08	17:28	17:48	18:07	18:27
Elm Park Station	14:54	15:14	15:34	15:54	16:14	16:34	16:54	17:14	17:34	17:54	18:12	18:32
Elm Park, Abbs Cross School	14:57	15:17	15:37	15:57	16:17	16:37	16:57	17:17	17:37	17:57	18:14	18:34
Hornchurch Town Centre	15:03	15:22	15:41	16:03	16:22	16:41	17:03	17:22	17:41	18:03	18:22	18:41

Saturday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	18:17	18:37	18:57	19:16	19:46	20:16	20:46	21:16	21:46	22:16	22:46	23:16
Lakeside, Arterial Road	18:20	18:40	19:00	19:20	19:48	20:18	20:48	21:18	21:48	22:18	22:48	23:18
Aveley, Back Lane	18:22	18:42	19:02	19:22	19:50	20:20	20:50	21:20	21:50	22:20	22:50	23:20
Aveley, Crescent Walk	18:24	18:44	19:04	19:24	19:52	20:22	20:52	21:22	21:52	22:22	22:52	23:22
Aveley, Mill Road	18:26	18:46	19:06	19:26	19:54	20:24	20:54	21:24	21:54	22:24	22:54	23:24
Aveley, Hanford Road	18:27	18:47	19:07	19:27	19:54	20:25	20:55	21:25	21:54	22:24	22:55	23:25
Wennington Green	18:32	18:52	19:12	19:32	19:58	20:29	20:59	21:29	21:58	22:28	22:59	23:29
Rainham Station	18:36	18:56	19:16	19:36	20:02	20:33	21:03	21:33	22:02	22:32	23:03	23:33
Rainham Tesco	18:38	18:58	19:18	19:38	20:04	20:35	21:05	21:35	22:04	22:34	23:05	23:35
South Hornchurch	18:46	19:07	19:27	19:46	20:12	20:42	21:12	21:42	22:12	22:42	23:12	23:42
Elm Park Station	18:50	19:12	19:32	19:50	20:17	20:47	21:17	21:47	22:16	22:46	23:17	23:47
Elm Park, Abbs Cross School	18:52	19:14	19:34	19:52	20:18	21:48	21:18	21:48	22:18	22:48	23:18	23:48
Hornchurch Town Centre	19:00	19:20	19:39	19:57	20:24	21:54	21:24	21:54	22:23	22:53	23:24	23:54

Sunday

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	07:14	07:44	08:14	08:44	09:14	09:40	10:08	10:38	11:08	11:38	12:08	12:38
Lakeside, Arterial Road	07:17	07:47	08:17	08:47	09:17	09:43	10:11	10:41	11:11	11:41	12:11	12:41
Aveley, Back Lane	07:19	07:49	08:19	08:49	09:19	09:45	10:13	10:43	11:13	11:43	12:13	12:43
Aveley, Crescent Walk	07:21	07:51	08:21	08:51	09:21	09:47	10:15	10:45	11:15	11:45	12:15	12:45
Aveley, Mill Road	07:23	07:53	08:23	08:53	09:23	09:49	10:17	10:47	11:17	11:47	12:17	12:47
Aveley, Hanford Road	07:24	07:54	08:24	08:54	09:24	09:50	10:19	10:49	11:19	11:49	12:19	12:49
Wennington Green	07:28	07:58	08:28	08:58	09:28	09:54	10:23	10:53	11:23	11:53	12:23	12:53
Rainham Station	07:32	08:02	08:32	09:02	09:32	09:58	10:27	10:57	11:27	11:57	12:27	12:57
Rainham Tesco	07:34	08:04	08:34	09:04	09:34	10:00	10:29	10:59	11:29	11:59	12:29	12:59
South Hornchurch	07:41	08:11	08:41	09:11	09:41	10:09	10:39	11:09	11:39	12:09	12:39	13:09
Elm Park Station	07:46	08:16	08:46	09:16	09:46	10:15	10:45	11:15	11:45	12:15	12:45	13:15
Elm Park, Abbs Cross School	07:48	08:18	08:48	09:18	09:48	10:17	10:47	11:17	11:47	12:17	12:47	13:17
Hornchurch Town Centre	07:53	08:23	08:53	09:23	09:53	10:23	10:53	11:23	11:53	12:23	12:53	13:23

Sunday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	13:08	13:38	14:08	14:38	15:08	15:38	16:08	16:38	17:08	17:41	18:13	18:45
Lakeside, Arterial Road	13:11	13:41	14:11	14:41	15:11	15:41	16:11	16:41	17:11	17:44	18:16	18:48
Aveley, Back Lane	13:13	13:43	14:13	14:43	15:13	15:43	16:13	16:43	17:13	17:46	18:18	18:50
Aveley, Crescent Walk	13:15	13:45	14:15	14:45	15:15	15:45	16:15	16:45	17:15	17:48	18:20	18:52
Aveley, Mill Road	13:17	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:50	18:22	18:54
Aveley, Hanford Road	13:19	13:49	14:19	14:49	15:19	15:49	16:19	16:49	17:19	17:52	18:24	18:55
Wennington Green	13:23	13:53	14:23	14:53	15:23	15:53	16:23	16:53	17:23	17:56	18:28	18:59
Rainham Station	13:27	13:57	14:27	14:57	15:27	15:57	16:27	16:57	17:27	18:00	18:32	19:03
Rainham Tesco	13:29	13:59	14:29	14:59	15:29	15:59	16:29	16:59	17:29	18:02	18:34	19:05
South Hornchurch	13:39	14:09	14:39	15:09	15:39	16:09	16:39	17:09	17:39	18:11	18:42	19:12
Elm Park Station	13:45	14:15	14:45	15:15	15:45	16:15	16:45	17:15	17:45	18:17	18:47	19:17
Elm Park, Abbs Cross School	13:47	14:17	14:47	15:17	15:47	16:17	16:47	17:17	17:47	18:19	18:49	19:19
Hornchurch Town Centre	13:53	14:23	14:53	15:23	15:53	16:23	16:53	17:23	17:53	18:24	18:54	19:24

Sunday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time
Lakeside, Bus Station, Bay C	19:16	19:46	20:16	20:46	21:16	21:46	22:16	22:46	23:16
Lakeside, Arterial Road	19:17	19:48	20:18	20:48	21:18	21:48	22:18	22:48	23:17
Aveley, Back Lane	19:18	19:50	20:20	20:50	21:20	21:50	22:20	22:50	23:20
Aveley, Crescent Walk	19:22	19:52	20:22	20:52	21:22	21:52	22:22	22:52	23:22
Aveley, Mill Road	19:24	19:54	20:24	20:54	21:24	21:54	22:24	22:54	23:24
Aveley, Hanford Road	19:25	19:55	20:25	20:55	21:25	21:55	22:25	22:55	23:25
Wennington Green	19:29	19:59	20:29	20:59	21:29	21:59	22:29	22:59	23:29
Rainham Station	19:33	20:03	20:33	21:03	21:33	22:03	22:33	23:03	23:33
Rainham Tesco	19:35	20:05	20:35	21:05	21:35	22:05	22:35	23:05	23:35
South Hornchurch	19:42	20:12	20:42	21:12	21:42	22:12	22:42	23:12	23:42
Elm Park Station	19:47	20:17	20:47	21:17	21:47	22:17	22:47	23:17	23:47
Elm Park, Abbs Cross School	19:49	20:19	20:49	21:19	21:49	22:19	22:49	23:19	23:49
Hornchurch Town Centre	19:54	20:24	20:54	21:24	21:54	22:24	22:54	23:24	23:54

Hornchurch to Lakeside Bus Station

Monday to Friday

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	06:05	06:32	07:00	07:18	07:36	07:56	08:16	08:36	08:56	09:16	09:36	09:56
Elm Park, Abbs Cross School	06:09	06:36	07:05	07:24	07:42	08:02	08:22	08:42	09:02	09:22	09:42	10:02
Elm Park Station	06:10	06:37	07:07	07:26	07:45	08:05	08:25	08:45	09:05	09:25	09:45	10:05
Elm Park, Freeborne Gardens	06:13	06:41	07:09	07:29	07:48	08:09	08:29	08:48	09:09	09:29	09:48	10:08
South Hornchurch, Ford Lane	06:16	06:45	07:14	07:33	07:52	08:14	08:33	08:52	09:14	09:33	09:52	10:12
Rainham, Rainham Tesco	06:23	06:53	07:23	07:43	08:03	08:23	08:43	09:03	09:23	09:41	09:59	10:19
Rainham Station	06:24	06:55	07:25	07:45	08:05	08:25	08:43	09:05	09:25	09:43	10:01	10:21
Wennington Green	06:28	06:59	07:29	07:49	08:09	08:29	08:47	09:09	09:29	09:47	10:05	10:25
Aveley, St Pauls Close	06:32	07:03	07:33	07:53	08:13	08:33	08:53	09:13	09:33	09:51	10:09	10:29
Aveley, Mill Road	06:34	07:05	07:35	07:55	08:15	08:35	08:53	09:15	09:35	09:53	10:11	10:31
Aveley, Crescent Walk	06:37	07:08	07:38	07:58	08:18	08:38	08:58	09:18	09:38	09:56	10:14	10:34
Aveley, Back Lane	06:39	07:10	07:40	08:00	08:20	08:40	09:00	09:20	09:40	09:59	10:17	10:37
Lakeside, Arterial Road	06:41	07:12	07:42	08:02	08:22	08:42	09:02	09:22	09:42	10:01	10:19	10:39
Lakeside, Bus Station, Bay C	06:44	07:15	07:45	08:05	08:25	08:45	09:05	09:25	09:45	10:04	10:22	10:42

Monday to Friday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	10:16	10:36	10:56	11:16	11:36	11:56	12:16	12:36	12:56	13:16	13:36	13:56
Elm Park, Abbs Cross School	10:22	10:42	11:02	11:22	11:42	12:02	12:22	12:42	13:02	13:22	13:42	14:02
Elm Park Station	10:25	10:45	11:05	11:25	11:45	12:05	12:25	12:45	13:05	13:25	13:45	14:05
Elm Park, Freeborne Gardens	10:28	10:48	11:08	11:28	11:48	12:08	12:28	12:48	13:08	13:28	13:48	14:08
South Hornchurch, Ford Lane	10:32	10:52	11:12	11:32	11:52	12:12	12:32	12:52	13:12	13:32	13:52	14:12
Rainham, Rainham Tesco	10:38	10:57	11:19	11:38	11:57	12:19	12:38	12:57	13:19	13:38	13:57	14:19
Rainham Station	10:41	11:01	11:21	11:41	12:01	12:21	12:41	13:01	13:21	13:41	14:01	14:21
Wennington Green	10:45	11:05	11:25	11:45	12:05	12:25	12:45	13:05	13:25	13:45	14:05	14:25
Aveley, St Pauls Close	10:49	11:09	11:29	11:49	12:09	12:29	12:49	13:09	13:29	13:49	14:09	14:29
Aveley, Mill Road	10:51	11:11	11:31	11:51	12:11	12:31	12:53	13:13	13:33	13:53	14:13	14:33
Aveley, Crescent Walk	10:54	11:14	11:34	11:54	12:14	12:34	12:54	13:14	13:34	13:54	14:14	14:34
Aveley, Back Lane	10:56	11:17	11:37	11:56	12:17	12:37	12:56	13:17	13:37	13:56	14:17	14:37
Lakeside, Arterial Road	10:59	11:19	11:39	11:58	12:19	12:39	12:58	13:19	13:39	13:58	14:19	14:39
Lakeside, Bus Station, Bay C	11:02	11:22	11:42	12:02	12:22	12:42	13:02	13:22	13:42	14:02	14:22	14:42

Monday to Friday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	14:16	14:36	14:56	15:16	15:36	15:56	16:16	16:36	16:56	17:16	17:36	17:56
Elm Park, Abbs Cross School	14:22	14:42	15:02	15:22	15:42	16:02	16:22	16:42	17:02	17:22	17:42	18:02
Elm Park Station	14:25	14:45	15:05	15:25	15:45	16:05	16:25	16:45	17:05	17:25	17:45	18:05
Elm Park, Freeborne Gardens	14:28	14:48	15:08	15:28	15:48	16:08	16:28	16:48	17:08	17:28	17:48	18:08
South Hornchurch, Ford Lane	14:32	14:52	15:12	15:32	15:52	16:12	16:32	16:52	17:12	17:32	17:52	18:12
Rainham, Rainham Tesco	14:38	14:57	15:19	15:38	15:57	16:19	16:38	16:57	17:19	17:38	17:57	18:19
Rainham Station	14:41	15:01	15:21	15:41	16:01	16:21	16:41	17:01	17:21	17:41	18:01	18:21
Wennington Green	14:45	15:05	15:25	15:47	16:05	16:25	16:45	17:05	17:25	17:45	18:05	18:25
Aveley, St Pauls Close	14:49	15:09	15:29	15:50	16:10	16:30	16:50	17:10	17:30	17:50	18:10	18:30
Aveley, Mill Road	14:53	15:13	15:33	15:53	16:13	16:33	16:53	17:13	17:33	17:53	18:13	18:33
Aveley, Crescent Walk	14:54	15:14	15:34	15:55	16:15	16:35	16:55	17:15	17:35	17:55	18:15	18:35
Aveley, Back Lane	14:56	15:17	15:37	15:56	16:17	16:37	16:56	17:17	17:37	17:56	18:17	18:37
Lakeside, Arterial Road	14:58	15:19	15:39	15:58	16:19	16:39	16:58	17:19	17:39	17:58	18:19	18:39
Lakeside, Bus Station, Bay C	15:02	15:22	15:42	16:02	16:22	16:42	17:02	17:22	17:42	18:02	18:22	18:42

Monday to Friday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	18:17	18:38	18:59	19:20	19:41	20:02	20:32	21:02	21:32	22:02	22:32	23:02
Elm Park, Abbs Cross School	18:22	18:42	19:04	19:24	19:45	20:06	20:36	21:06	21:36	22:06	22:36	23:06
Elm Park Station	18:25	18:45	19:05	19:25	19:46	20:07	20:37	21:07	21:37	22:07	22:37	23:07
Elm Park, Freeborne Gardens	18:28	18:48	19:08	19:28	19:48	20:10	20:40	21:10	21:40	22:10	22:40	23:10
South Hornchurch, Ford Lane	18:32	18:52	19:12	19:32	19:52	20:13	20:43	21:13	21:43	22:13	22:43	23:13
Rainham, Rainham Tesco	18:38	18:57	19:20	19:40	20:00	20:20	20:50	21:20	21:50	22:20	22:50	23:20
Rainham Station	18:41	19:01	19:21	19:41	20:01	20:21	20:51	21:21	21:51	22:21	22:51	23:21
Wennington Green	18:45	19:05	19:25	19:45	20:05	20:25	20:55	21:25	21:55	22:25	22:55	23:25
Aveley, St Pauls Close	18:50	19:10	19:30	19:50	20:09	20:29	20:59	21:29	21:59	22:29	22:59	23:29
Aveley, Mill Road	18:51	19:11	19:31	19:51	20:10	20:30	21:00	21:30	22:00	22:30	23:00	23:30
Aveley, Crescent Walk	18:55	19:15	19:35	19:54	20:13	20:33	21:03	21:33	22:03	22:33	23:03	23:33
Aveley, Back Lane	18:56	19:17	19:37	19:56	20:15	20:35	21:05	21:35	22:05	22:35	23:05	23:35
Lakeside, Arterial Road	18:58	19:19	19:39	19:58	20:17	20:37	21:07	21:37	22:07	22:37	23:07	23:37
Lakeside, Bus Station, Bay C	19:02	19:22	19:42	20:01	20:20	20:40	21:10	21:40	22:10	22:40	23:10	23:40

Monday to Friday – continued

Bus stop	Time	Time
Hornchurch Town Centre	23:32	00:02
Elm Park, Abbs Cross School	23:36	00:06
Elm Park Station	23:37	00:07
Elm Park, Freeborne Gardens	23:40	00:10
South Hornchurch, Ford Lane	23:43	00:13
Rainham, Rainham Tesco	23:50	00:20
Rainham Station	23:51	00:21
Wennington Green	23:55	00:25
Aveley, St Pauls Close	23:59	00:29
Aveley, Mill Road	00:00	00:30
Aveley, Crescent Walk	00:03	00:33
Aveley, Back Lane	00:05	00:05
Lakeside, Arterial Road	00:07	00:37
Lakeside, Bus Station, Bay C	00:10	00:40

Saturday

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	06:05	06:35	07:05	07:35	08:05	08:25	08:44	09:02	09:21	09:39	09:58	10:16
Elm Park, Abbs Cross School	06:09	06:39	07:09	07:39	08:09	08:29	08:48	09:07	09:26	09:44	10:02	10:22
Elm Park Station	06:10	06:40	07:10	07:40	08:10	08:30	08:50	09:09	09:28	09:46	10:04	10:24
Elm Park, Freeborne Gardens	06:13	06:43	07:13	07:43	08:13	08:33	08:53	09:13	09:32	09:50	10:08	10:28
South Hornchurch, Ford Lane	06:16	06:46	07:16	07:46	08:16	08:37	08:57	09:16	09:35	09:54	10:12	10:32
Rainham, Rainham Tesco	06:23	06:53	07:23	07:53	08:23	08:44	09:02	09:22	09:42	10:01	10:21	10:41
Rainham Station	06:24	06:54	07:24	07:54	08:24	08:45	09:03	09:23	09:43	10:03	10:23	10:43
Wennington Green	06:28	06:58	07:28	07:58	08:28	08:49	09:07	09:27	09:47	10:07	10:27	10:47
Aveley, St Pauls Close	06:32	07:02	07:32	08:02	08:32	08:53	09:13	09:33	09:53	10:11	10:31	10:51
Aveley, Mill Road	06:33	07:03	07:33	08:03	08:33	08:54	09:13	09:32	09:52	10:13	10:32	10:52
Aveley, Crescent Walk	06:36	07:06	07:36	08:06	08:36	08:57	09:17	09:37	09:57	10:16	10:36	10:56
Aveley, Back Lane	06:38	07:08	07:38	08:08	08:38	08:59	09:19	09:38	09:58	10:19	10:38	10:58
Lakeside, Arterial Road	06:40	07:10	07:40	08:10	08:40	09:01	09:21	09:40	10:01	10:21	10:40	11:01
Lakeside, Bus Station, Bay C	06:43	07:13	07:43	08:13	08:43	09:04	09:25	09:45	10:05	10:25	10:45	11:05

Saturday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	10:36	10:56	11:16	11:36	11:56	12:16	12:36	12:56	13:16	13:36	13:56	14:16
Elm Park, Abbs Cross School	10:42	11:02	11:22	11:42	12:02	12:22	12:42	13:02	13:22	13:42	14:02	14:22
Elm Park Station	10:44	11:04	11:24	11:44	12:04	12:24	12:44	13:04	13:24	13:44	14:04	14:24
Elm Park, Freeborne Gardens	10:48	11:08	11:28	11:48	12:08	12:28	12:48	13:08	13:28	13:48	14:08	14:28
South Hornchurch, Ford Lane	10:52	11:12	11:32	11:52	12:12	12:32	12:52	13:12	13:32	13:52	14:12	14:32
Rainham, Rainham Tesco	11:01	11:21	11:41	12:01	12:21	12:41	13:01	13:21	13:41	14:01	14:21	14:41
Rainham Station	11:03	11:23	11:43	12:03	12:23	12:43	13:03	13:23	13:43	14:03	14:23	14:43
Wennington Green	11:07	11:27	11:47	12:07	12:27	12:47	13:07	13:27	13:47	14:07	14:27	14:47
Aveley, St Pauls Close	11:11	11:31	11:51	12:11	12:31	12:51	13:11	13:31	13:51	14:11	14:31	14:51
Aveley, Mill Road	11:13	11:32	11:52	12:13	12:32	12:52	13:13	13:32	13:52	14:13	14:32	14:52
Aveley, Crescent Walk	11:16	11:36	11:56	12:16	12:36	12:56	13:16	13:36	13:56	14:16	14:36	14:56
Aveley, Back Lane	11:19	11:38	11:58	12:19	12:38	12:58	13:19	13:38	13:58	14:19	14:38	14:58
Lakeside, Arterial Road	11:21	11:40	12:01	12:21	12:40	13:01	13:21	13:40	14:01	14:21	14:40	15:01
Lakeside, Bus Station, Bay C	11:25	11:45	12:05	12:25	12:45	13:05	13:25	13:45	14:05	14:25	14:45	15:05

Saturday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	14:36	14:56	15:16	15:36	15:56	16:16	16:36	16:56	17:16	17:36	17:56	18:17
Elm Park, Abbs Cross School	14:42	15:02	15:22	15:42	16:02	16:22	16:42	17:02	17:22	17:42	18:02	18:22
Elm Park Station	14:44	15:04	15:24	15:44	16:04	16:24	16:44	17:04	17:24	17:44	18:04	18:24
Elm Park, Freeborne Gardens	14:48	15:08	15:28	15:48	16:08	16:28	16:48	17:08	17:28	17:48	18:08	18:28
South Hornchurch, Ford Lane	14:52	15:12	15:32	15:52	16:12	16:32	16:52	17:12	17:32	17:52	18:12	18:32
Rainham, Rainham Tesco	15:01	15:21	15:41	16:01	16:21	16:41	17:01	17:21	17:41	18:01	18:21	18:41
Rainham Station	15:03	15:23	15:43	16:03	16:23	16:43	17:03	17:23	17:43	18:03	18:23	18:43
Wennington Green	15:07	15:27	15:47	16:07	16:27	16:47	17:07	17:27	17:47	18:07	18:27	18:47
Aveley, St Pauls Close	15:11	15:31	15:51	16:11	16:31	16:51	17:11	17:31	17:51	18:11	18:31	18:51
Aveley, Mill Road	15:13	15:32	15:52	16:13	16:32	16:52	17:13	17:32	17:52	18:13	18:32	18:52
Aveley, Crescent Walk	15:16	15:36	15:56	16:16	16:36	16:56	17:16	17:36	17:56	18:16	18:35	18:55
Aveley, Back Lane	15:19	15:38	15:58	16:19	16:38	16:58	17:19	17:38	17:58	18:19	18:38	18:58
Lakeside, Arterial Road	15:21	15:40	16:01	16:21	16:40	17:01	17:21	17:40	18:01	18:21	18:40	19:00
Lakeside, Bus Station, Bay C	15:25	15:45	16:05	16:25	16:45	17:05	17:25	17:45	18:05	18:24	18:43	19:03

Saturday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	18:38	18:59	19:20	19:41	20:02	20:32	21:02	21:32	22:02	22:32	23:02	23:32
Elm Park, Abbs Cross School	18:42	19:04	19:25	19:45	20:06	20:36	21:06	21:36	22:06	22:36	23:06	23:36
Elm Park Station	18:44	19:06	19:27	19:47	20:07	20:37	21:07	21:37	22:07	22:37	23:07	23:37
Elm Park, Freeborne Gardens	18:48	19:08	19:28	19:48	20:10	20:40	21:10	21:40	22:10	22:40	23:10	23:40
South Hornchurch, Ford Lane	18:52	19:12	19:32	19:52	20:13	20:43	21:13	21:43	22:13	22:43	23:13	23:43
Rainham, Rainham Tesco	19:01	19:21	19:40	20:00	20:20	20:50	21:20	21:50	22:20	22:50	23:20	23:50
Rainham Station	19:03	19:23	19:41	20:01	20:21	20:51	21:21	21:51	22:21	22:51	23:21	23:51
Wennington Green	19:07	19:27	19:45	20:05	20:25	20:55	21:25	21:55	22:25	22:55	23:25	23:55
Aveley, St Pauls Close	19:11	19:31	19:49	20:09	20:29	20:59	21:29	21:59	22:29	22:59	23:29	23:59
Aveley, Mill Road	19:12	19:32	19:50	20:10	20:30	21:00	21:30	22:00	22:30	23:00	23:30	00:00
Aveley, Crescent Walk	19:15	19:35	19:53	20:13	20:33	21:03	21:33	22:03	22:33	23:03	23:33	00:03
Aveley, Back Lane	19:18	19:37	19:55	20:15	20:35	21:05	21:35	22:05	22:35	23:05	23:35	00:05
Lakeside, Arterial Road	19:20	19:39	19:57	20:17	20:37	21:07	21:37	22:07	22:37	23:07	23:37	00:07
Lakeside, Bus Station, Bay C	19:23	19:42	20:00	20:20	20:40	21:10	21:40	22:10	22:40	23:10	23:40	00:10

Saturday – continued

Bus stop	Time
Hornchurch Town Centre	00:02
Elm Park, Abbs Cross School	00:06
Elm Park Station	00:07
Elm Park, Freeborne Gardens	00:10
South Hornchurch, Ford Lane	00:13
Rainham, Rainham Tesco	00:20
Rainham Station	00:21
Wennington Green	00:25
Aveley, St Pauls Close	00:29
Aveley, Mill Road	00:30
Aveley, Crescent Walk	00:33
Aveley, Back Lane	00:35
Lakeside, Arterial Road	00:37
Lakeside, Bus Station, Bay C	00:40

Sunday

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	07:04	07:34	08:02	08:32	09:02	09:32	10:02	10:32	11:02	11:32	12:02	12:32
Elm Park, Abbs Cross School	07:08	07:38	08:08	08:38	09:08	09:38	10:08	10:38	11:08	11:38	12:08	12:38
Elm Park Station	07:09	07:39	08:09	08:39	09:09	09:39	10:09	10:39	11:09	11:39	12:09	12:39
Elm Park, Freeborne Gardens	07:12	07:42	08:12	08:42	09:12	09:42	10:12	10:42	11:12	11:42	12:12	12:42
South Hornchurch, Ford Lane	07:14	07:44	08:14	08:44	09:14	09:44	10:17	10:44	11:17	11:44	12:17	12:44
Rainham, Rainham Tesco	07:20	07:50	08:20	08:50	09:20	09:50	10:24	10:50	11:24	11:50	12:24	12:50
Rainham Station	07:21	07:51	08:21	08:51	09:21	09:51	10:26	10:51	11:26	11:51	12:26	12:51
Wennington Green	07:25	07:55	08:25	08:55	09:25	09:55	10:30	10:55	11:30	11:55	12:30	12:55
Aveley, St Pauls Close	07:29	07:59	08:29	08:59	09:31	10:02	10:34	11:02	11:34	12:02	12:34	13:02
Aveley, Mill Road	07:30	08:00	08:30	09:00	09:30	10:00	10:33	11:00	11:33	12:00	12:33	13:00
Aveley, Crescent Walk	07:33	08:03	08:33	09:03	09:35	10:06	10:38	11:06	11:38	12:06	12:38	13:06
Aveley, Back Lane	07:35	08:05	08:35	09:05	09:35	10:05	10:41	11:05	11:41	12:05	12:41	13:05
Lakeside, Arterial Road	07:37	08:07	08:37	09:07	09:37	10:07	10:43	11:07	11:43	12:07	12:43	13:07
Lakeside, Bus Station, Bay C	07:39	08:09	08:39	09:09	09:42	10:14	10:46	11:14	11:46	12:14	12:46	13:14

Sunday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	13:02	13:32	14:02	14:32	15:02	15:32	16:02	16:32	17:02	17:32	18:02	18:32
Elm Park, Abbs Cross School	13:08	13:38	14:08	14:38	15:08	15:38	16:08	16:38	17:08	17:38	18:06	18:36
Elm Park Station	13:09	13:39	14:09	14:39	15:09	15:39	16:09	16:39	17:09	17:39	18:10	18:38
Elm Park, Freeborne Gardens	13:12	13:42	14:12	14:42	15:12	15:42	16:12	16:42	17:12	17:42	18:13	18:41
South Hornchurch, Ford Lane	13:17	13:44	14:17	14:44	15:17	15:44	16:17	16:44	17:17	17:47	18:16	18:44
Rainham, Rainham Tesco	13:24	13:50	14:24	14:50	15:24	15:50	16:24	16:50	17:24	17:54	18:23	18:51
Rainham Station	13:26	13:51	14:26	14:51	15:26	15:51	16:26	16:51	17:26	17:56	18:24	18:52
Wennington Green	13:30	13:55	14:30	14:55	15:30	15:55	16:30	16:55	17:30	18:00	18:28	18:56
Aveley, St Pauls Close	13:34	14:02	14:34	15:02	15:34	16:02	16:34	17:02	17:32	18:02	18:32	18:59
Aveley, Mill Road	13:33	14:00	14:33	15:00	15:33	16:00	16:33	17:00	17:33	18:03	18:33	19:00
Aveley, Crescent Walk	13:38	14:06	14:38	15:06	15:38	16:06	16:38	17:06	17:36	18:06	18:36	19:03
Aveley, Back Lane	13:41	14:05	14:41	15:05	15:41	16:05	16:41	17:05	17:41	18:10	18:38	19:05
Lakeside, Arterial Road	13:43	14:07	14:43	15:07	15:43	16:07	16:43	17:07	17:43	18:12	18:40	19:07
Lakeside, Bus Station, Bay C	13:46	14:14	14:46	15:14	15:46	16:14	16:46	17:14	17:46	18:15	18:43	19:10

Sunday – continued

Bus stop	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time	Time
Hornchurch Town Centre	19:02	19:32	20:02	20:32	21:02	21:32	22:02	22:32	23:02	23:32	00:02
Elm Park, Abbs Cross School	19:06	19:36	20:06	20:36	21:06	21:36	22:06	22:36	23:06	23:36	00:06
Elm Park Station	19:07	19:37	20:07	20:37	21:07	21:37	22:07	22:37	23:07	23:37	00:07
Elm Park, Freeborne Gardens	19:10	19:40	20:10	20:40	21:10	21:40	22:10	22:40	23:10	23:40	00:10
South Hornchurch, Ford Lane	19:13	19:43	20:13	20:43	21:13	21:43	22:13	22:43	23:13	23:43	00:13
Rainham, Rainham Tesco	19:20	19:50	20:20	20:50	21:20	21:50	22:20	22:50	23:20	23:50	00:20
Rainham Station	19:21	19:51	20:21	20:51	21:21	21:51	22:21	22:51	23:21	23:51	00:21
Wennington Green	19:25	19:55	20:25	20:55	21:25	21:55	22:25	22:55	23:25	23:55	00:25
Aveley, St Pauls Close	19:29	19:59	20:29	20:59	21:29	21:59	22:29	22:59	23:29	23:59	00:29
Aveley, Mill Road	19:30	20:00	20:30	21:00	21:30	22:00	22:30	23:00	23:30	00:00	00:30
Aveley, Crescent Walk	19:33	20:03	20:33	21:03	21:33	22:03	22:33	23:03	23:33	00:03	00:33
Aveley, Back Lane	19:35	20:05	20:35	21:05	21:35	22:05	22:35	23:05	23:35	00:05	00:35
Lakeside, Arterial Road	19:37	20:07	20:37	21:07	21:37	22:07	22:37	23:07	23:37	00:07	00:37
Lakeside, Bus Station, Bay C	19:40	20:10	20:40	21:10	21:40	22:10	22:40	23:10	23:40	00:10	00:40