

Tilbury Riverside and Thurrock Park (TR & TP) Ward (E05002246)

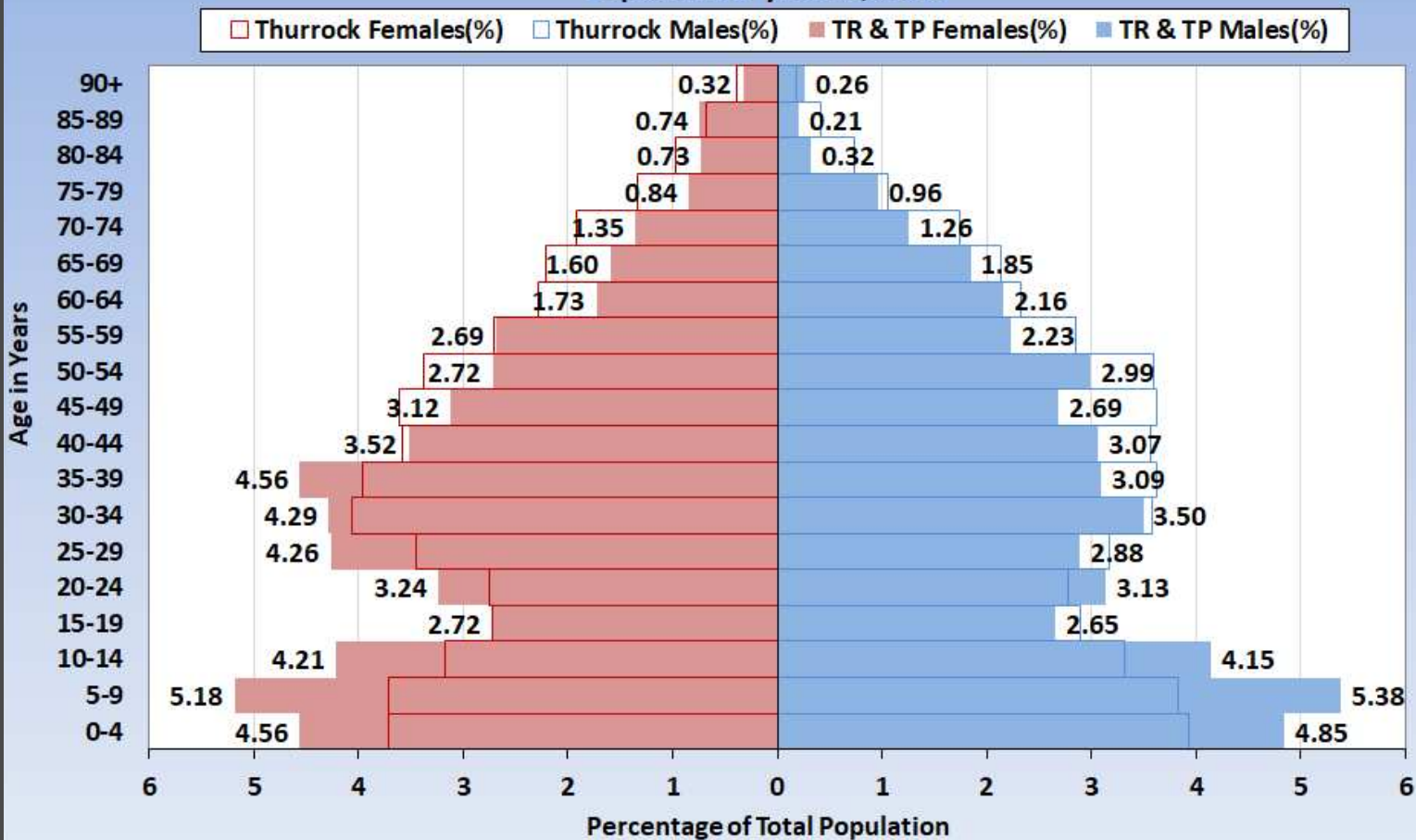
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Population Pyramid

Tilbury Riverside & Thurrock Park (TR & TP)
Population Pyramid, 2017



TR & TP Ward has a greater percentage of children aged 0-14yrs and 20-39yrs compared to Thurrock.

Conversely, there is a smaller proportion of 45-84yr olds.

Source: ONS Mid-Year Estimates 2017



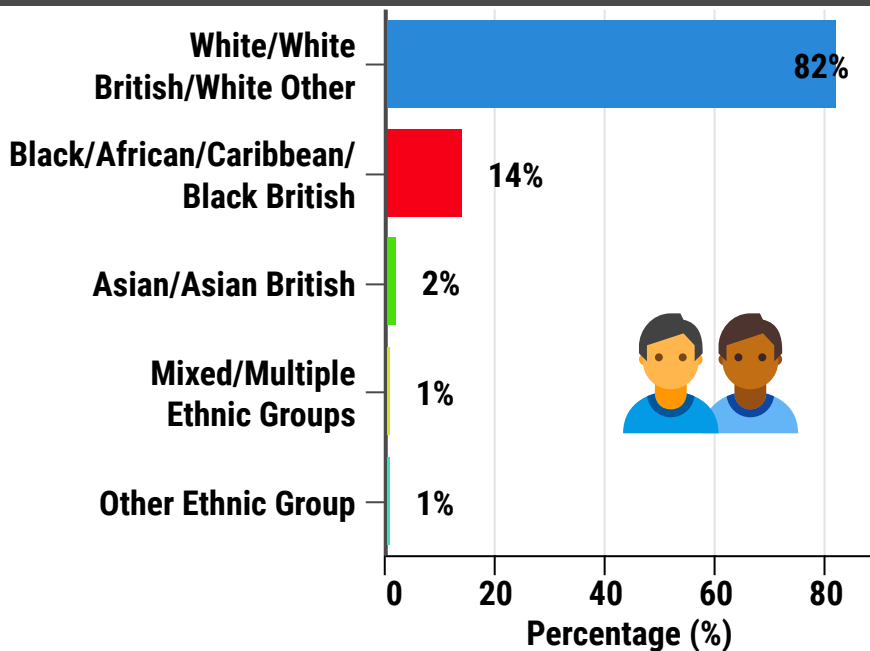
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Ethnicity Groups (%)



Deprivation

TR & TP is ranked 2nd out of the 20 Thurrock wards

1 = Most Deprived
20 = Least Deprived

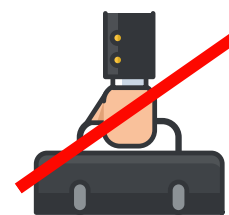


Deprivation is strongly associated with poor physical and mental health

Source: DCLG (Department of Communities and Local Government)

Employment

Employment Status	TR & TP Ward (%)	Thurrock (%)
Employee: Full-time	37.3	42.3
Employee: Part-time	13.8	14.5
Self-employed	6.5	9.0
Unemployed	9.7	5.2
Retired	10.2	12.2
Looking after home or family	7.9	5.1
Long-term sick or disabled	5.0	3.4
Student (inc. full-time students)	3.5	3.5



Being in employment has been shown to be highly protective to one's health.

Conversely, evidence shows that being unemployed is linked to poor physical and mental health outcomes.

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Primary Schools

(No Secondary Schools within this Ward)

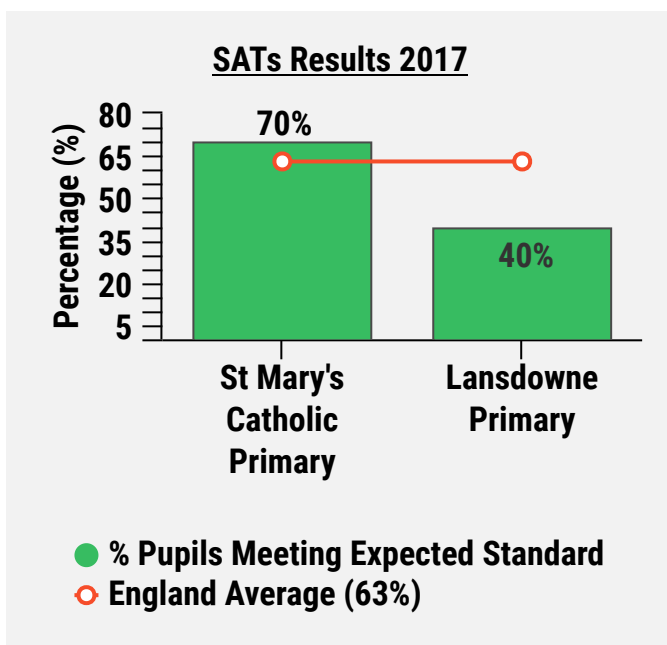
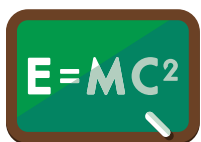
St Mary's Catholic Primary School

Approx pupils - 256
Ofsted rating - Good

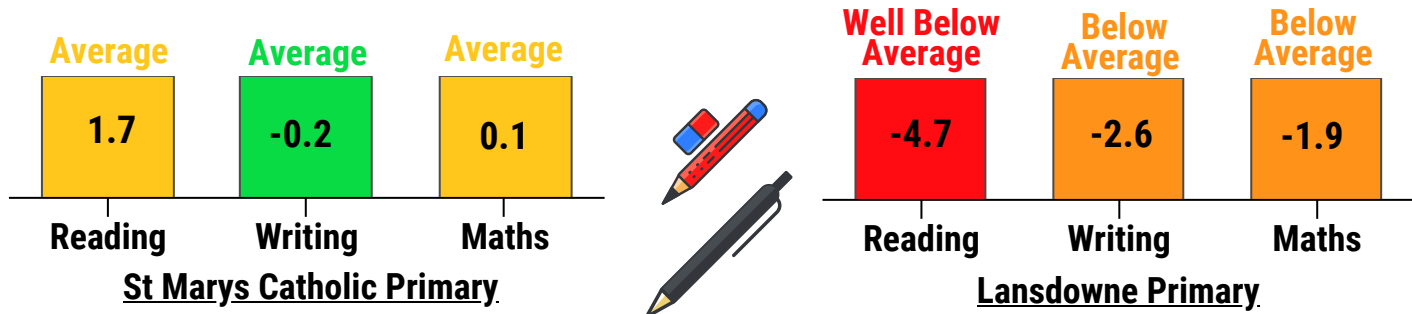


Lansdowne Primary School

Approx pupils - 661
Ofsted rating - Good



Government pupil progress score, comprises of key stage 1 assessments & key stage 2 tests, compared to pupils across England. Scoring range is -5 & +5, 0.0 being the average.



Educational achievement is strongly correlated with good health. Research demonstrates that people with high levels of educational achievement live longer and spend a smaller percentage of their lives living with poor health.

Source: www.compare-school-performance.service.gov.uk

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Reported Crime 2016



Count of crimes Oct'16 to Sep'17 - 752

Crime rate per 1,000 persons - 53.67

Thurrock crime rate per 1,000 persons - 47.62

England crime rate per 1,000 persons - 149.58



Reported crime rates in TR & TP ward are statistically significantly lower than England's. However, when compared to Thurrock, there is a higher crime rate within this Ward.

Source: www.ukcrimestats.com

Residents Views



52% of TR & TP residents are satisfied with their local area where they live.

45% of TR & TP residents feel safe going outside in their local area after dark.



Persons feeling unsafe and less satisfied within their area could lead to social isolation and impact negatively on physical/mental health.

Source: *Thurrock Council Residents Survey 2016*

Community Support

Local Area Coordinator (LAC)

A local area coordinator connects individuals with support and assets within their local community.

Overview and examples of help can be found at
- www.thurrock.gov.uk/local-area-coordinators-help-in-community

Ward LAC - Heather MacQuarrie
Mobile - 07738116648
Email - HMacQuarrie@thurrock.gov.uk



Community Led Support (CLS)

A new approach to bring Adult Social Care into the community. CLS is being introduced initially in the Tilbury and Chadwell area.



Contact Thurrock First - 01375 511000
OR

Pop along to one of the CLS 'Talking Shop' drop in sessions advertised via
www.strongertogether.org.uk

Source: *Thurrock Council Adult, Housing & Health*

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● = Not statistically different

● = Statistically significantly different

Binge Drinking

TR & TP Ward - 18.3%

England - 20.0%



(% of population 16+ that binge drink)

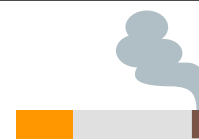
Binge drinking can increase blood pressure, affect mood and memory & longer term, can lead to mental and physical health issues.

Source - PHE Local Health (2006/08)

Smoking

TR & TP Ward - 22.7%

England - 18%



(Prevalence of 18yrs+ self-reported smokers)

Smoking causes 84% of deaths from lung cancer & 83% of deaths from chronic obstructive pulmonary disease (COPD)

Source - ASH Ready Reckoner (2018)

Obesity (Adult)

TR & TP Ward - 29.9%

England - 24.1%



(% of population aged 16+ with a BMI 30+)

Obesity causes high blood pressure, leading to strokes, high cholesterol, high blood sugar, and heart disease.

Source - PHE Local Health (2006/08)

Obesity (Child)

TR & TP Ward - 26.2%

England - 19.3%



(% of children Yr 6 - overweight or obese)

Childhood obesity can lead to adult obesity & serious health issues including heart disease, type 2 diabetes, asthma, social discrimination, depression.

Source - PHE Local Health (2013/14-2015/16)

General Health



5.5% of persons reported that their general health was bad / very bad.

Conversely 81.7% of persons reported their general health as good / very good.



Life Expectancy at Birth



Male - 75yrs
(England 79yrs)



Female - 79yrs
(England 83yrs)

Life expectancy is a function of multiple elements including poor diet/lifestyle (excessive alcohol/drugs), environmental factors such as housing and air quality, educational attainment, deprivation and access to high quality of health services.

Source: PHE Local Health (2011-2015)

(Source for all data in this profile is Census 2011 unless otherwise stated)

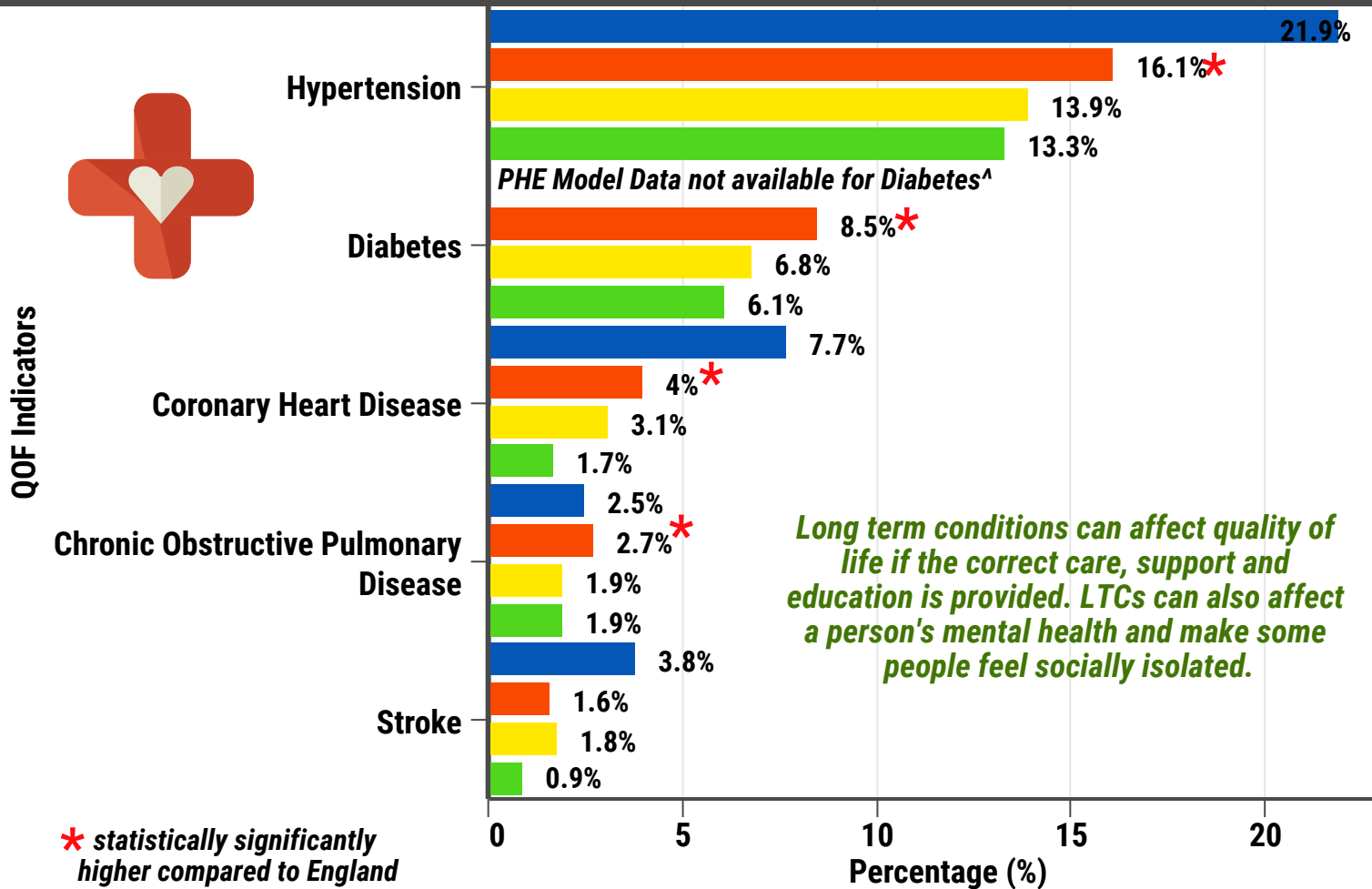
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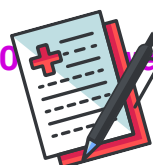
Long Term Conditions (LTC) 2017/18



- Sai Medical Centre (% of practice adult population diagnosed and receiving treatment)
- England (% of practice adult population diagnosed and receiving treatment)
- Tilbury Health Centre (% of practice adult population diagnosed and receiving treatment)
- PHE estimates^ for above practices (average % of adult population diagnosed and undiagnosed)

PHE estimate numbers (combined all above GP Practices) of additional undiagnosed patients not receiving treatment^

Chronic Obstructive Pulmonary Disease - 18 Stroke - 229
Hypertension - 596
Coronary Heart Disease - 439 Diabetes - NA



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Pharmacies

Asda Pharmacy
Thurrock Parkway
Tilbury
RM18 7HJ



Asset Chemist
128 Dock Road
Tilbury
RM18 7BJ



Opening Times

Mon
8.00 - 11.00pm
Tues - Fri
7.00 - 11.00pm
Sat
7.00 - 10.00pm
Sun
10.00am - 4.00pm



Opening Times

Mon, Tues, Fri
8.30 - 11.30pm
Wed, Thurs, Sat, Sun
8.30am - 10.30pm

Source: Local
Pharmaceutical
Committee (LPC)

GP Practices

**Sai Medical
Centre**

List Size-5,555
CQC - Good
(Jan 2017)

41% patients had
same day
appointment
(England
Average 33%)



Source:
National GP
Patient Survey
2017/NHS
Choices

**Tilbury Health
Centre**

List Size-2,413
CQC - Good
(May 2019)

41% patients had
same day
appointment
(England
Average 33%)

Facilities in the community

Community Groups

- Flagship Sure Start Centre
- Rawhide Country Music Club
- Tilbury Community Association
- One Community
- Tilbury Band
- Temple Strings (various venues)



Social Groups

- Bingo Club
- Tilbury & Chadwell Memories
- Tilbury Coffee Morning
- Making Memories Project
- Contact the Elderly (various venues)

Church or Faith

- CPA (Christians Against Poverty) (various venues)



Community Buildings

- The Sunshine Centre
- Tilbury Community Hub

Craft Groups

- Card Making Class
- Together - Craft Group
- Different Threads Coming
- Thurrock Marquetry Group

Health & Sports Groups

- Elite Dance Academy & Ab Fab Agency
- The Martial Arts Academy (TMA)
- Thurrock Guided Walks
- Active Tilbury
- Active Sport 4 Life (various venues)
- Sit Tall Stand Strong (various venues)
- The Local People Programme (LLP) (various venues)



Source: Thurrock CVS - www.strongertogether.org.uk

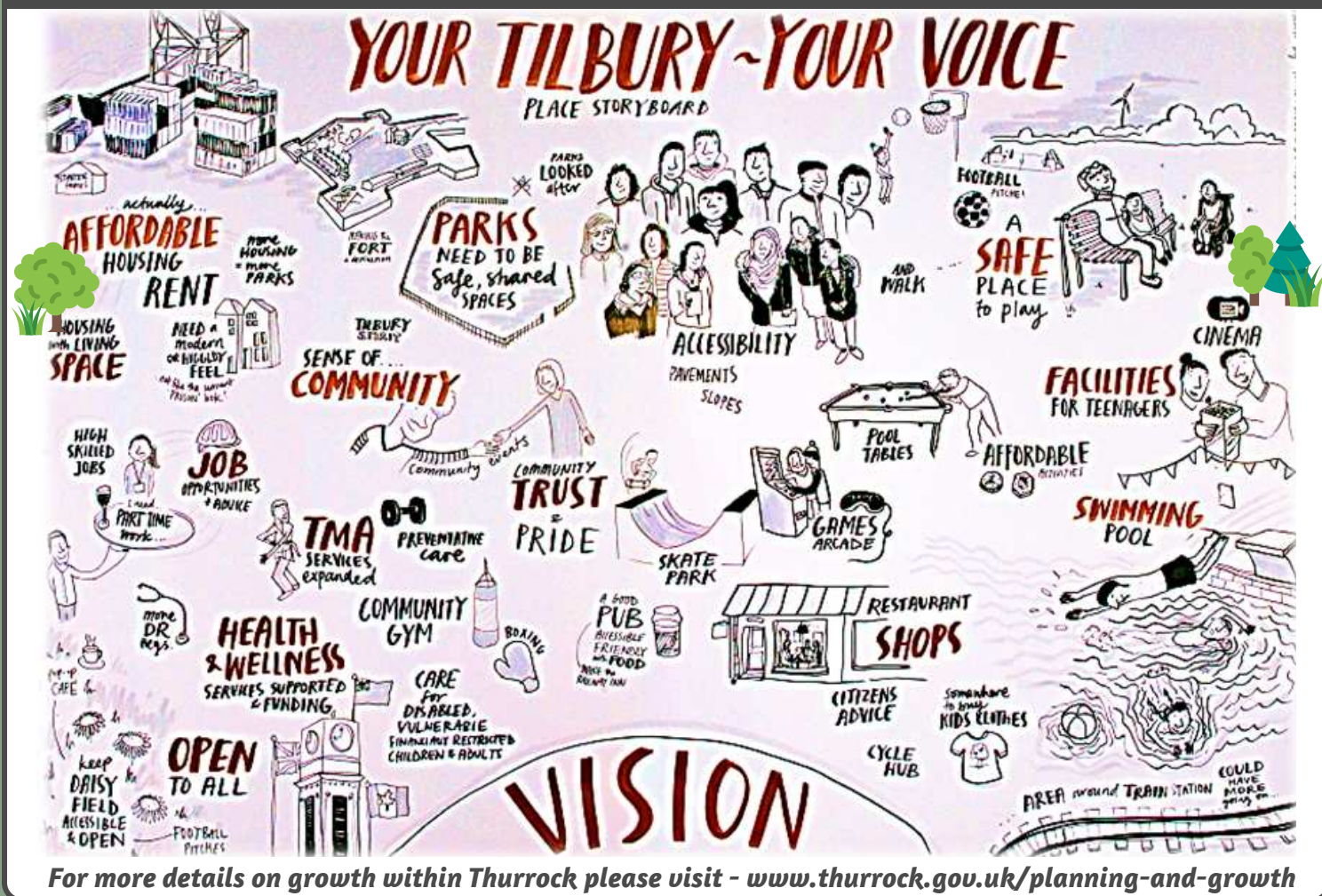
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Your Place Your Voice



Ward population - 7,696
Males - 3,665
Females - 4,031

Two GP surgeries
and two
pharmacies
within this
ward

Smoking
prevalence-22.7%
(statistically
significantly
higher than
England-18%)

Binge drinking
prevalence-18.3%
(not statistically
different from
England-20.0%)

Obesity (Adults)
prevalence-29.9%
(significantly higher
than England-
24.1%)

Two schools - St
Mary's Catholic
Primary School
and Lansdown
Primary School

Summary of Tilbury Riverside and Thurrock Park Ward

TR & TP
deprivation rank:
2/20

Life
expectancy
from birth-
Male - 75yrs
Female - 79yrs

Crime rate
per 1,000
persons-53.67
(higher than the
Thurrock crime
rate of 47.62)

PHE models of
undiagnosed patients -
Hypertension - 596,
Coronary Heart Disease -
439, Chronic Obstructive
Pulmonary Disease -18,
Stroke - 229

Childhood obesity
prevalence is 26.2%
(significantly
higher than England-
19.3%)

Unemployment
is higher,
compared to
Thurrock