

Public Health Volunteer Role Description

Role Title: Thurrock Parkrun Volunteers (various roles available – the volunteer manager can discuss with you which role you would be suited too after application)

Supported by: Programme Lead

Role Purpose: To assist with the Thurrock Park Run healthy weight management - these are 5km runs free to participants. For more information go to www.parkrun.org.uk/thurrock

Location: Pyramid Centre, Heath Road, Chadwell St Mary, Essex, RM16 4XH

Tasks and responsibilities

- There are a number of roles available, each with slightly different tasks, more information about these roles will be given to applicants by the volunteer manager. They include:
- **Event director** – the events committee chair person who has authority to make decisions when not possible to go to committee.
- **Run director** – helps with event safety, makes pre-run announcements, starts the run and oversees proceedings during the run and at the finish.
- **Timekeeper** – records the finish time for every runner as they cross the line.
- **Numbers (finish token)** – gives each runner a finish position barcode and token given in the correct order.
- **Barcode operator** – Scans each athletes barcode and finish position barcode.
- **Marshal** – Directs, warns, cheers and looks out for runners.
- **Tail runner/walker** – helps ensure no runners are left out on the course and informs everyone when the last runner has passed.
- **Run reporter** – run reports and write (or organise writing) of news stories for the events news pages.
- **Photographer** – take pictures at events
- **Results processor** – compiles results and submits for processing

Skills and experience

- All abilities welcome - some roles will require some experience, such as use of IT and good communication skills, and timekeepers should be able to perform their role under pressure.
- Any relevant training will be given.

Time commitment

- Runs take place every Saturday morning subject to weather conditions – volunteer time to be agreed with the volunteer manager

Council's commitment

- Training relevant to the role.
- Reimbursement of agreed expenses.

This role does NOT require a Disclosure and Barring Service (DBS) Check.