

Thurrock Council volunteer role description

Empowering Parents, Empowering Communities (EPEC) Group Leader volunteer

Supported by	EPEC Hub coordinator and trainers
Role summary	Parent Group Leader will train parents within their community to have a better understanding of positive parenting, understanding children's feelings and building stronger relationships.
Location	Main base is Chadwell Family Hub, Claudian Way, Chadwell St Mary, Grays, RM16 4QE
How to apply	Complete the application form at www.thurrock.gov.uk/volunteering

Tasks and responsibilities

You will be expected to:

- assist with delivery of a local EPEC parenting group with a co-facilitator
- assist with leading practical, caring groups for local parents
- share tried and tested methods that give children the best start in life
- join a group of like-minded parents to make a difference to their local community

Skills and experience

You must:

- ideally have experience of caring for, mentoring and supporting young children
- be motivated to support families in your local community
- be passionate about learning and sharing your skills
- be willing to undertake training to gain experience to support local parents as a volunteer

Time commitment

Training will be from 9:30am to 2:30pm for one day each week for 10 weeks. This will be held at a family hub within Thurrock. Day of the week to be arranged.

Support you will get

We will:

- provide a high standard of free training and support to enable you to deliver an EPEC parenting group within your community – this will be provided by your local EPEC team
- provide training to increase confidence and employability skills
- provide continuing development sessions to exchange skills and reflect on practice, with on-going fortnightly supervision
- reimburse any out-of-pocket expenses, as agreed in advance with your volunteer manager
- provide free crèche facilities, if required – to be booked in advance

This role requires a Disclosure and Barring Service (DBS) check.