

Thurrock Council volunteer role description

Empowering parents, empowering communities (EPEC) group leader

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| Supported by | EPEC Volunteer Group Leader |
| Role summary | EPEC group leaders will train parents within their community to have a better understanding of positive parenting, children's feelings and how to build stronger relationships. You will receive a high standard of free training and support from your local EPEC team to deliver an EPEC parenting group within your community, increasing your confidence and employability skills. |
| Location | Main base will be Aveley Children's Centre, Stifford Road, Aveley, RM15 4AA |
| How to apply | Complete the application form at www.thurrock.gov.uk/volunteering |

Tasks and responsibilities

You will be expected to:

- assist in the delivery of a local EPEC parenting group with a co-facilitator
- assist with leading practical, caring groups for local parents
- share tried-and-tested methods that give children the best start in life
- join a group of like-minded parents to make a difference to their local community

Skills and experience

You must:

- have experience around caring, mentoring and supporting young children
- be motivated to support families in their local community
- be passionate about learning and sharing skills
- be willing to undertake training to gain experience to support local parents within their volunteer role

Time commitment

The training will be for one day a week for 6 to 10 weeks. This will be held at Aveley Children's Centre from 9:30am to 2:30pm on the date arranged.

Support you will get

We will:

- reimburse expenses, as agreed
- provide continuing development sessions to exchange skills and reflect on practice
- provide ongoing fortnightly supervision
- provide a free crèche, if required, to be booked in advance

This role requires a Disclosure and Barring Service (DBS) check.