

Empowering Parents Empowering Communities (EPEC) Volunteer Role Description

Role Title: EPEC Volunteer Group Leader

Supported by: EPEC Hub Co-ordinator and Trainers.

Role Purpose: EPEC group leader will train parents within their community to have a better understanding of positive parenting, understanding children's feelings and build stronger relationships.

Location: Main base Aveley Children's Centre, Stifford Road, Aveley RM15 4AA

Tasks and responsibilities

- Volunteers will receive a high standard of free training and support from their local EPEC team to deliver an EPEC parenting group within their community.
- Assist to deliver a local EPEC parenting group with a co-facilitator
- Assist with leading practical, caring groups for local parents
- Share tried and tested methods that give children the best start in life
- Join a group of like minded parents to make a difference to their local community

Skills and experience

- Experience around caring, mentoring and supporting young children
- Motivated to support families in their local community and passionate to learn and share their skills.
- Be willing to undertake training to gain experience to support local parents within their volunteer role.

Time commitment

- The training will be for one day per week for 6 to 10 weeks. This will be held at Aveley Children's Centre 9:30am to 2:30pm day of the week to be arranged.

Council's commitment

- To increase confidence and employability skills
- Continuing development sessions to exchange skills and reflect on practice, ongoing fortnightly supervision
- To reimburse any out of pocket expenses as agreed in advance with your volunteer manager
- Free Creche available if required, to be booked in advance

If you have any questions about this role, please email chadwellcc@thurrock.gov.uk or volunteering@thurrock.gov.uk

This role requires a Disclosure and Barring Service (DBS) Check